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Texas Coop Power

January 2024



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ON THE COVER TJ Phillips at a tiny home at Langetree Retreat and Eco Center near Liberty. *Photo by Laura Jenkins* ABOVE Joe Hopps works on a birdhouse at his studio in Edom. *Photo by R.J. Hinkle* CONTENTS



Brimming With Wisdom

NATIONAL HAT DAY is January 15, as if Texans ever needed another reason to don a cowboy hat.

Certainly, everyday wearers know this truism, shared with us by Alice M. Wolf, a member of Navasota Valley Electric Cooperative, as she "finished this sentence" back in November 2021:

"A Texan would never ... set his hat down brim down." Read more about hats in *Cowboy Hatters*, April 2016, on our website.

Class Is Not Dismissed

In honor of National Classy Day— January 17—*Texas Co-op Power* writers and editors note these esteemed Texans:

Luke Savage, a former Texas Christian University pitcher, started the nonprofit Blessed Feet, which has collected thousands of pairs of used baseball cleats for budding baseballers in the U.S. and Dominican Republic. —Chris Burrows

Simone Biles, who owns the most gymnastics medals, exhibits poise in her willingness to speak out against sexual abuse and advocate for mental health awareness. —Jéden Clark

The late singer **Selena Quintanilla Pérez**'s career was brief but impactful, redefining Latin music for a new generation and an expanded audience. Even at her young age, she was involved with charities and humanitarian causes, especially those benefiting Texas children. —Alex Dal Santo

Mary Kay Ash said about her cosmetics company's beauty consultants: "Here's a woman who's never had any praise at all for anything she's ever done. Maybe the only applause she's ever had was when she graduated from high school. She wants recognition. So we praise her for everything good that she does." The company does good, too—supporting cancer research and survivors of violence. —Jessica Ridge

Ima Hogg, born in the 19th century, turned her family's oil money to philanthropy, including the arts and mental health programs. —Tom Widlowski

FINISH THIS SENTENCE If I could turn back the clock ...

Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our November prompt: Why doesn't somebody invent ... ?

A washing machine that dries the clothes, folds them and puts them up. NANCY BECKER CONCHO VALLEY EC PAINT ROCK

A canoe-shaped hotdog bun to hold all the condiments and chili. MIKE WEBER UNITED COOPERATIVE SERVICES GRANBURY

A key fob that could roll up the windows on your vehicle when it starts raining and you are inside at work.

LARENDA BRADSHAW JASPER-NEWTON EC JASPER

A smoke alarm that can be serviced at ground level or without a ladder. FRANK M. WAGNON FORT BELKNAP EC SOUTHLAKE

Visit our website to see more responses.

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RECOMMENDED RECIPES

You'll need something special for National Pie Day, January 23. Pick a pie recipe from among the dozens on our website. It's as easy as (searching) "pie."

Too Much Latitude?

Look at a map too long and weird details emerge.

For example, Portland, Texas, is nearly equidistant from Portland, Maine (1,852 miles), and Portland, Oregon (1,845 miles).

And this: A giant triangle of these Portlands captures more than 30 other states.



A Passing Notion

AS DRIVERS faced gas shortages and long lines at the pump 50 years ago, President Richard M. Nixon signed an act January 2, 1974, lowering the national speed limit to 55 mph.

That went off the books in 1995, and today Texas boasts the highest speed limit in the country: 85 mph on a stretch of State Highway 130, a toll road between San Antonio and Austin.

TCP TALK



OCTOBER 2023 Still in the Saddle Again "After reading about the senior rodeo, my husband and I went to an event. It was wonderful seeing performers from 40 to 80-plus still enjoying what they love to do."

CARLANNE HICKMAN TRI-COUNTY EC HASLET

A Signature Moment

On the reading list for a Texas literature class at Tarleton State University was *The Time It Never Rained [It Still Reigns,* October 2023]. We were told there would be a guest speaker to discuss writing none other than Elmer Kelton himself.

He was soft-spoken, generous, patient and happy to be with us. I walked away with fond memories and his signature in my own copy, which I still have to this day.

Cole Hooper Pedernales EC Wimberley I don't recognize Elmer Kelton without his hat [*It Still Reigns*, October 2023]! Have read many of his books, including this gem. He had a way of capturing a time and place and bringing it to life through many characters. An excellent writer and storyteller.

ERNIE BATTLE VIA FACEBOOK

alder

A Stunning Memory

I was an elementary student near Austin [*A School Day Like No Other*, November 2023]. I think most schools were getting out early so parents could take children to see the motorcade. My mother was coming to get me.

Someone came to our room and whispered something to our teacher. Mrs. Griffin put her head down on the desk and began to cry. When she looked up, she said, "President Kennedy has been shot, and he won't be coming to Austin." We were stunned.

When my mother came to pick me up, she was crying too. I will never forget that day.

Susie McCalla Central Texas EC Kerrville

Family Ties

Frederick Law Olmsted is an ancestor on my mother's side [*Appraising the Texas Landscape*, November 2023]. I am from Connecticut and worked my entire career at Hartford Hospital. In nice weather we would often go for walks on its approximately 10-acre beautiful campus, which was designed by Olmsted.

Virginia W. Smith Nueces EC Corpus Christi

Ietters@TexasCoopPower.com

Editor, Texas Co-op Power 1122 Colorado St., 24th Floor Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

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Making History

For more than 50 years, artists have been drawn to this quiet, tucked-away studio row

BY PATTI PFEIFFER • PHOTOS BY R.J. HINKLE

THE SIGN SAYS Arbor Castle Birdhouses, but within lies an array of fanciful castles that seem perfectly inviting to gnomes and pixies if not birds. Crafted from hollow cedar logs; topped with tall, curvy conical roofs; and adorned in whimsical metal touches, these are more pieces of art than avian abodes.

Creator Joe Hopps has been carving birdhouses for 25 years and started quite simply.

"I saw a hollow log, had an idea, created one, entered it into a birdhouse competition in Oklahoma where I was living, and it won first place," he explains.

Hopps recently added brushes to his repertoire, returning to another of his passions, acrylic abstract painting. "I began painting in the early '70s and began again recently because of a saw accident, which nearly cut off several fingers."

His canvases were showcased at the grand opening of a new art gallery, O3 Collective, just down the road from his shop in the small community of Edom, west of Tyler.



With a population of fewer than 400, what Edom (pronounced "E-dum") lacks in size, it more than makes up for in gifted artists. From one-of-a-kind jewelry to high-end art and unique pottery, the small town's main drag, FM 279, is a treasure trove of rare items and artisans eager to share their stories.

It all started a couple of doors down from Arbor Castle, at Potters Brown Collective. Once a grocery store, the wooden structure was for five decades the studio of Doug Brown, a California transplant who moved to Edom in 1970 and founded this artisan community.

A cluster of artists' studios continues Brown's vision. His widow, Beth Brown, a potter herself, lives next door to the studio today.

"Doug was a very humble man and wanted somewhere he and his friends could create and sell their goods and felt if he opened a place, others would follow," Beth says. "Immediately upon seeing Edom, he knew this was where he wanted to set up shop, start an artists' community—and he wanted it to be a true community."

Brown wasted no time turning his dream into reality buying buildings, setting up his pottery studio and pitching his vision to artisan friends. And they did follow.

In 1972, Brown organized the first Edom Art Festival, which drew more than 3,000 attendees. Since then, every second weekend in October, a sprawling meadow behind studio row is transformed into a bustling venue. Crafters, musicians and festivalgoers from near and far gather to enjoy the sights, sounds, food and festivities of the two-day

OPPOSITE Beth Brown is the director of the Edom Art Festival. ABOVE Arbor Castle Birdhouses along the main drag.



Zeke Zewick, right, creates jewelry using uncommon materials, above. "Not all jewelry has to be gold, diamonds and sparkly," he says.

event that includes a winetasting garden featuring local vineyards, musicians and crafting for kids. The festival has grown in content and count, attracting some 15,000 visitors in 2023.

After Brown's death in 2020, his building was eventually sold, but it still bears his name and remains a pottery center that sells ceramics from local makers.

And the community is still going strong.

Stepping outside, my eyes were drawn to a jewelry store of a different sort: Zeke & Marty. Even the door handles are distinctive, custom-made from sika deer antlers from Japan and carved by the owner, Zeke Zewick.

I marveled at the array of custom jewelry of every material, size and sort—even dyed bone pieces inlaid with unique gems, dispelling the adage that diamonds are a girl's best friend.

Using woolly mammoth teeth from Siberia, Turkish agates, shells from the Sea of Cortez, antlers and bones, Zewick prides himself in creating one-of-a kind pieces.

"Not all jewelry has to be gold, diamonds and sparkly," he says. "Different material provides for different thoughts for pieces. Oxide steel is what some throw away as trash, but I like the contrast of it with sterling."

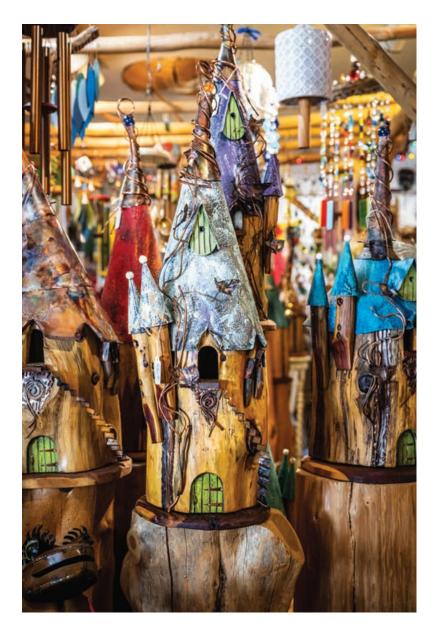
He especially likes working with bone, which is malleable and easy to grind and polish, dyeing it with alcohol inks. The materials are uncommon, and so are his pieces.

Zewick, one of the original Edom artists, has been creating since 1969, first with leather but spending the past half-century as a jeweler. He knew Brown and received one of his original invites.

"He knew I was looking for a place to move after graduating art school," Zewick says. "This place had trees and water, and being from Lubbock, I felt we were in heaven."

Prompted by a desire to "get out of the city and move back home to a simpler, less stressful way of life," Shanna Wiggins relocated here from Austin three years ago.





She used to own a succulents shop on FM 279, and like other residents, she was eager to share her story.

"Originally, the locals were hesitant, feeling hippies didn't belong here," she says, "but we all love each other, so it doesn't matter."

For the traveler looking for a slower slice of life, Edom has a couple of restaurants serving home-cooked meals. Sips offers hand-crafted coffees, sodas and other nonalcoholic drinks.

Edom is eccentric and inviting and a true "poke-n-plumb" place: By the time you poke your head out of the vehicle, you're plumb outta town, which adds to its charm. It's a place where strangers don't exist.

ABOVE Whimsy is a dominant feature of Joe Hopps' birdhouses. RIGHT A signpost helps visitors to the East Texas town find their way.

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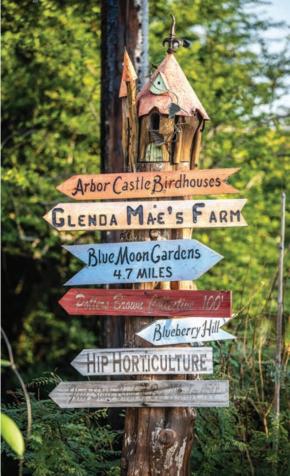
East of Edom

Other attractions along FM 279.

Green Goat Winery A cozy tasting room and covered patio overlook 7 acres of vines.

Blue Moon Gardens This 6-acre gardener's paradise sells plants, tools and supplies.

Coltharp-Beall House The 175year-old home has housed itinerant preachers and stagecoach travelers.



DREAMING





hat the heck are you doing?" The sharp sound of his girlfriend's voice jolted TJ Phillips awake. But the bigger shock came when he opened his eyes.

"I had my knee on her neck," says Phillips, shaking his head. "And I was going through the motions of putting flex cuffs on her. She laughed it off after I explained that I'd been dreaming about being on active duty again. But I wasn't laughing. I knew I needed help."

Phillips, an Army sergeant who served 1991–99 and was honorably discharged, says he made an appointment with Veterans Affairs to address his post-traumatic stress disorder. But he felt like he was too young to be on all the medications they prescribed.

Instead, as many do, he turned to alcohol. And he eventually decided to live in his truck so he could save money. Ten years and five DWIs later, he was in the Montgomery County jail, awaiting a trial that was certain to yield an extended prison sentence, when he got the news that his arresting officer had suddenly died. He was free to go.

"And that's when Miss Barbara took me in," he says after an emotional pause. "Now I'm safe. I'm sober. And everything I need to get healthy again is right here."

STORY AND PHOTOS BY LAURA JENKINS

Barbara Lange gave Phillips, 54, the key to a tiny home at the Langetree Retreat and Eco Center near Liberty, between Houston and Beaumont. But she'll be the first to tell you that she's only one of many who are making Phillips' recovery possible.

"Somehow we all got the memo independently of one another," Lange says. "And then somehow we all found each other. What are the odds?"

There was no actual memo, of course. But indeed, several people in the same corner of Texas had a similar idea around the same time.

At the outset, none of them knew each other—or even about each other. They were simply focused on the same goal: to support veterans by providing them with tiny homes. Their collaboration has no name. There's no one in charge. But it has yielded something much greater than the sum of its parts.

llen Segura, who recently retired as assistant principal and director of career and technology education for Summer Creek High School, says the idea to integrate building tiny homes into the Humble school district's curriculum came from a bout of insomnia in 2018.

"Late one night I was scrolling through Facebook and saw some people in St. Louis who were building tiny homes for homeless veterans," Segura remembers. "And the simple thought came: 'I wonder if our students could do that?' "

He bounced the idea off James Gaylord and Missi Taylor, who teach CTE classes in construction, architecture and design at high schools in Humble, a Houston suburb whose name is pronounced "Umble." They were in.

"We had been teaching these classes for years, but it was mostly theoretical," Segura says. "Actually building houses would not only let them put what they're learning into practice, it would also help them understand the importance of serving others."

Under the supervision of the three educators, the students developed a presentation and pitched it to Superintendent Elizabeth Fagen, who took it to the school board for approval. Thus, in 2018, Humble ISD's Big Heroes, Tiny Homes program was born.

Meanwhile, about 40 minutes east of Humble, Lange, a retired social worker, was teaching leadership and environmental sustainability at the retreat center she and her husband built in 2004.

Their doors have always been open to people in crisis. They housed numerous people after Hurricane Katrina's devastation in 2005. They took in referrals from Tri-County Behavioral Healthcare, a community-based nonprofit serving those living with mental illness and intellectual disabilities. More recently, Lange had begun working with

OPPOSITE Langetree Retreat and Eco Center's community of tiny homes and assistance has helped change TJ Phillips' life. "Everything I need to get healthy again is right here." ABOVE Instructor James Gaylord and his Humble students in front of a tiny home they built.



several Veterans of Foreign Wars chapters in an effort to address the crisis of homelessness among veterans.

"I had already started converting a shipping container into a tiny home for one of the veterans I was assisting when I came across a newspaper article about Missi," Lange remembers. "A VFW volunteer named Mark Bowen said, 'Barbara, why don't you go to Kingwood Park and tell those people that they can give us the houses?" "

Never one to leave a stone unturned, Lange went to visit the teachers in Humble. Once they saw her vast experience and her devotion to veterans, the district agreed to donate their tiny homes to Lange's effort.

Since 2005, Operation Finally Home has been improving and constructing mortgage-free homes for wounded veterans, first responders and their families. But it wasn't until spring 2020 that Lee Kirgan, vice president of project management for OFH, learned about Humble ISD's big idea and suggested to President Rusty Carroll that they consider getting involved.

Six months later, Carroll surprised Segura with the news that OFH, based in New Braunfels, had secured a grant from big-box retailer Lowe's, which would provide all the building materials for Big Heroes, Tiny Homes for the foreseeable future.

"Humble ISD had a vision to build tiny homes for home-

Kingwood Park High School students work on a tiny home.

less veterans, but they didn't have a sustainable way to source the materials," Carroll says. "By partnering them with Lowe's, we were able to lengthen their runway.

"People have been telling me for years that they wanted to build tiny homes for homeless veterans, but if they're transitional, there has to be some sort of infrastructure to support those living in them. Barbara supplied that missing piece."

Lange's infrastructure is deeply rooted in community. There are currently 10 tiny homes on her property and 27 agencies providing residents with such services as job coaching, counseling, legal aid and palliative care.

But creating a communal environment is one of her highest priorities. When she conveyed that to the people at OFH—who are helping her clear and prepare her land to receive 20 more houses over the next five to seven years they recommended putting them in pods of six, which will serve as micro communities.

"We now know from a scientific point of view that loneliness can be as harmful to the body as cigarette smoking," Lange says. "When you're in a community of people who've been where you've been, when you're living with others who are going through what you're going through, you're less likely to feel like a freak.

"It advances the healing process."

Humble ISD is expanding Big Heroes, Tiny Homes to five high schools. The program offers students a hands-on building experience with mentoring by professionals architects, plumbers, electricians, general contractors giving the teens invaluable work experience and the opportunity to explore various career paths.

Due to its resounding success, other school districts and universities have reached out to Humble ISD to find out how the project works.

"Our instructors are willing to talk to your instructors," Segura says. "We are happy to connect your principals to our principals, your superintendent to our superintendent. Let us tell you how we did this."

Lange estimates that most residents will transition into permanent housing within two years. Phillips, who is approaching that milestone, may stay longer because he's become a strong leader in the community. Though he now has a job as a heating and air conditioning tech, he serves as a liaison and an advocate for the other veterans. He also assists with some of the property's maintenance and administrative needs.

"Veterans aren't homeless because they're not gifted, intelligent or experienced," Lange says. "They are broken. When you connect them with the resources they need and provide a safe place to heal, many will find their way back to the person they were before the trauma. All veterans deserve that chance."



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MESSAGE FROM GENERAL MANAGER

ALAN LESLEY

Always Scan for Scams

As technologies evolve and expand, so do criminals

IN TODAY'S TECH-DRIVEN world, scams seem to be around every corner. Criminals will try just about anything—from purporting legal action involving the IRS to turning off power to your home—to separate you from your money.

CECA wants to make you aware of the current wave of utility scams, which often involve an individual posing as an employee of your cooperative. The scammer may use threatening language to frighten you into offering your credit card or bank account information.

Don't fall victim to utility scams. Understand the threats and know what to do.

If someone calls you demanding that you pay your electric bill immediately, hang up. Scammers often use threats and urgency to pressure you into giving vidual access to your home. It's not uncommon for a scammer to steal things from your home while you're distracted with the phone.

Look out for these other types of scams.

Government agencies like the IRS will never call to inform you that you have unpaid taxes or other liens against you. You will always receive this type of information in the mail. If someone calls claiming to be the IRS, hang up.

If you receive an email from an unknown sender, an email riddled with spelling errors and typos, or an email threatening action unless a sum of money is paid, do not click any links provided within the email and don't respond to the email. Sometimes these phishing emails will look legit—like they're from a company or someone you know. But if it seems



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If they aren't, call 911 and do not allow the indi-

fishy, delete the email and move on. One wrong click could give a scammer access to all the information on your computer, including your private financial data.

If someone calls you and claims your grandchild is in jail and needs bail money, the best option is to hang up. If you have concerns that this could be true, ask the caller for the name of the facility reportedly holding them, then hang up. Look up the facility yourself and call that number or check the website. This is a common scam that plays to the heartstrings of grandparents.

If someone calls your home claiming to have discovered a virus on your computer, hang up. This caller's intent is to gain access to personal information on your computer.

It's unfortunate that such constant

suspicion is necessary, but it's important to be vigilant. Scammers are determined, creative and always working on their next ploy.

If you ever have any concerns about someone claiming to be with CECA, please call us directly. We want to make sure you avoid any and all types of scams that could put you or your financial information in jeopardy. ●



Government-in-Action Youth Tour Deadline Approaching

CECA IS OFFERING an a exciting opportunity for local high school sophomores and juniors—the Government-in-Action Youth Tour trip to Washington, D.C. The all-expenses-paid seven-day trip of a lifetime, scheduled for June 16–23, includes airfare, transportation, lodging, meals, insurance and admission charges to iconic national landmarks including the National Cathedral, Lincoln Memorial, Mount Vernon, White House, Arlington National Cemetery, Capitol Hill and the Supreme Court. Students will even get to meet their own congressional representative from their district.

The incredible opportunity traces its origins back to 1957, when then-Sen. and future U.S. President Lyndon B. Johnson said every young person should see what the American flag stands for. Over the years, this vision has evolved into a transformative educational experience, benefiting more than 50,000 students nationwide.

The contest is open to students attending schools in CECA's service territory, including Albany, Blanket, Breckenridge, Cisco, Comanche, Cross Plains, De Leon, Early, Eastland, Goldthwaite, Gorman, Gustine, May, Moran, Mullin, Priddy, Ranger, Rising Star, Sidney and Zephyr.

Don't miss this opportunity to make lasting memories and deepen your understanding of history and culture. The deadline for applications is 11:59 p.m. February 2.

To apply or learn more, scan the QR code above. For questions, contact CECA by calling 1-800-915-2533 or emailing memberservices@ceca.coop. ■



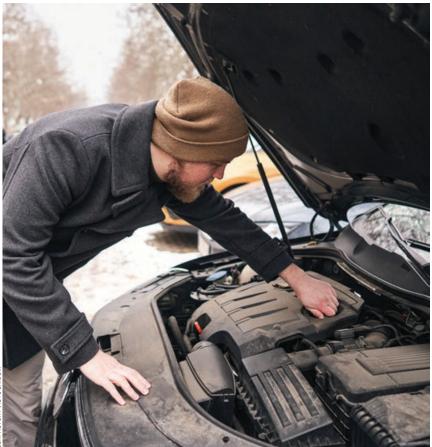
MARK YOUR CALENDAR

New Year's Day Monday, January 1 Our offices will be closed Monday, January 1, for the holiday.

Law Enforcement Appreciation Day Tuesday, January 9

Martin Luther King Jr. Day Monday, January 15

National Hot Chocolate Day Wednesday, January 31



It's OK To Be a Winter Weather Prepper

WE ALL KNOW HOW unpredictable winter weather can be in Texas. Ice, winds and flooding all have the potential to strand you on the road or at home, possibly without power. Despite the reputation that "preppers" might have earned for their zeal about getting ready for emergencies, preparedness is essential for ensuring your safety this season.

Prepare at Home

Make a family communications plan. Your family might not be together when disaster strikes, so it's important to know how you'll stay in touch, how you'll get back together and what you'll do in case of an emergency. Don't rely on cellphones because networks could go down.

Get a battery-powered emergency weather radio to receive broadcast alerts and warnings directly from the National Weather Service.

Keep a three-day supply of nonperishable foods and drinking water in storage. Consider having a way to heat water that does not require electricity. Camping gear can be a solution for cooking during power outage emergencies.

Download smartphone apps (available from the Federal Emergency Management Agency and the American Red Cross) that provide emergency notifications and information about finding shelter, providing first aid and seeking recovery assistance.

Clear rain gutters, repair roof leaks and cut away tree branches that could fall on your home in high winds.

Insulate pipes and allow faucets to drip during cold weather to avoid freezing pipes. Locate your home's water valve and learn how to shut it off, just in case a pipe bursts.

Keep fire extinguishers handy, especially if alternate heating sources are in use, and make sure everyone in your house knows how to use them.

Maintain a supply of heating fuel sufficient to last several days. You could become isolated in your home, and regular fuel sources might be unavailable. Store dry, seasoned wood for your fireplace or wood-burning stove. Vent all fuel-burning equipment to the outside, and keep the vent clear. Extend the life of your fuel supply by better insulating walls and attics, caulking and weatherstripping around doors and windows, and covering windowpanes with plastic.

Bring pets and companion animals inside during winter weather. Move other animals or livestock to sheltered areas with nonfrozen drinking water.

Winterize Your Vehicle

Check (or have a mechanic check) the following items on your car:

Antifreeze levels. Ensure that they're

sufficient to avoid freezing.

Battery and ignition system. Make sure they're in top condition and that battery terminals are clean.

Brakes. Check for wear and fluid levels.

Exhaust system. Look for leaks and crimped pipes, and repair or replace as necessary. Carbon monoxide poisoning is deadly and happens with little warning.

Fuel and air filters. Replace regularly. Keep water out of the system by using additives and maintaining a full tank of gas, which will keep the fuel line from freezing.

Heater and defroster. Ensure that they work properly. Lights. Check all bulbs.

Oil. Check for level and weight. Heavier oils congeal at lower temperatures and don't lubricate as well.

Windshield wiper equipment. Repair any problems and maintain proper washer fluid level.

Tires. Make sure there's adequate tread or install winter tires. All-weather radials are usually adequate for most winter conditions. ■

CECA Offers Residential Solar Solutions for Members

DID YOU KNOW CECA now installs and sells solar power arrays? We have trained professionals who can evaluate your electricity use and property to provide the perfect fit for your home or business based on your usage patterns. So we encourage members to include CECA in their solar array installation plans from start to finish.

CECA offers various options, from backup generators and battery systems to roof-mount and ground-mount arrays. Energy efficiency has progressed with new technologies, allowing members to take a more active role in optimizing their energy consumption. We've evolved beyond the days of just turning off the lights or adjusting the thermostat when leaving the house.

If you're interested in optimizing your household's energy consumption, please call Riley Hilliard at 1-800-915-2533 to set up a free energy audit and solar power analysis. Solar power may not be a good fit for everyone, but under the right circumstances, it can save members money on their monthly bills.

There are many companies out there marketing the installation of solar panel arrays in every county CECA serves, and this has created confusion around solar buy-back plans and raised concerns about fair pricing in a new and changing industry. We're here to help our members navigate this confusion, and if they feel solar may be a good option for them, we can handle the sale and installation as well.

CECA is proud to be your trusted energy partner, and if you have any interest in a solar power project for your property, that falls right in line with our aim to provide safe and reliable energy at an affordable cost to all our member-owners. For us, solar power is another avenue to continue to do just that for our members.

CECA does require that an application process be completed before interconnection with our system, to ensure proper safety, liability and metering standards are met. Regardless of the solar power vendor you choose, please contact us before you start your project to be sure that your plans are compliant and that your project goes smoothly.

You can always discuss your solar project plans with CECA staff for general information or specific needs. Solar power can be a great energy efficiency tool, and we applaud our members who are working to conserve power. Call us at 1-800-915-2533 to learn more about how we can help. ■





Fend Off the Winter Chill —and the Winter Bill

BECAUSE HEATING AND COOLING can make up nearly half your electricity use, you may experience sticker shock when you open your electric bill this winter. Instead of waiting until after a potentially high bill arrives in your mailbox or inbox, be pro-active. There are steps you can take now to help manage your energy use efficiently and spend less.

► Add insulating wraps to exposed pipes and water heaters located in unheated spaces.

► Make sure to change your air filter regularly to keep your system running efficiently.

• Keep drapes closed at night to block out the cold, and keep those that don't get direct sunlight closed during the day, too. Open shades on sunny windows during the day to take advantage of natural warmth.

▶ Make sure the fireplace damper is closed when it's not in use. Keeping it open can bring cold air into the room.

► Caulk around your hearth, and caulk or weatherstrip around doors, windows and even electrical outlets on exterior walls.

▶ Block any areas in your home that are particularly drafty, including around window frames and under doors.

▶ Use a humidifier. Humid air generally feels quite a bit warmer than dry air. Running the heater in the colder months can strip your indoor air of its humidity. A humidifier can balance this. Look for models that allow you to choose between warm and cold air; they typically cost more but are well worth it for the heating ability.

▶ Reverse the ceiling fan. It may seem counterintuitive to use a ceiling fan when you're feeling cold, but it actually can help to warm you up. Let your ceiling fan turn at a low speed in a clockwise direction during colder months. This will help to push the warm air that rises toward the ceiling back down toward floor level.

▶ Dress for the weather, even when you're inside. Wearing long sleeves and pants, thick socks, slippers or shoes—even indoors or wrapping up in a cozy blanket will help combat the temptation to bump up the thermostat. Dressing in layers can also help.

• Enjoy hot drinks and food such as soups and stews to keep yourself warm. Using a slow cooker, microwave or air fryer could help reduce food preparation costs compared to an oven-baked meal.

▶ Keep as active as possible to boost circulation. Move around at least once an hour and avoid sitting still for long periods. Even light exercise will help keep you warm. When you do sit down, put

your feet up because it's coldest nearest the ground.

Obstacles To Saving

Using the tips above can certainly help you manage your energy use, but your bill may still be higher than normal in winter months. Why?

The weather has a big impact on electric bills. Even those with the most efficient HVAC systems will see more use in extreme weather.

When extreme cold hits, heaters work overtime. For example, even if you set your thermostat to the recommended 68 degrees in the winter, if it's 19 degrees outside, your system has to work hard to make up that 49-degree difference.

Your heater works harder and cycles on and off more often in colder weather, making your energy use much higher. That means your electric bill will be noticeably higher.

There's value in comfort, of course. But for us to be comfortable in our homes, our heaters will have to work harder.

Don't wait until after you receive a high electricity bill this winter to start taking energy-saving measures. Be proactive about your energy use habits so you aren't caught off guard. CECA is here to help. ●

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www.ceca.coop/scholarships





POWER TIP

Check air ducts for leaks. Take care of minor sealing jobs with heat-approved tape, especially in attics and vented crawl spaces.





The Sweetest Family

Atkinson Candy Co. is still churning out smiles from the heart of East Texas

BY JEFFREE WYN ITRICH

THE PEOPLE OF LUFKIN know that a bit of Willy Wonka magic dwells in their midst, but few outsiders know of its existence.

For 92 years, Atkinson Candy Co. has been sweetening lives in all 50 states and several other countries. Some know the company for their hit candies from decades ago: Chick-O-Stick, Slo Poke, Black Cow, Mint Twists and Long Boys, to name a few. But it's still churning out sweets in East Texas, and it's still owned by the same family.

Third- and fourth-generation members of the Atkinson family and more than 150 employees crank out candy at their nondescript factory on West Frank Avenue. A shop there sells candy and other merchandise, though factory tours are no longer offered.

Eric Atkinson, the company's president and grandson of its founders, B.E. and Mabel Atkinson, says his grandparents were seeking a way to make a living during the Great Depression. His grandfather often said that Marketing from the 1950s.

even when money was scarce, nearly everyone had a penny—and penny candy was an affordable extravagance for those down on their luck.

Although the company has been around since 1932, Eric is quick to point out the family didn't start manufacturing candy until the 1950s.

"In 1932, we were a candy 'jobber," he explains. "That's how we started off." His grandfather made two-day trips to Houston, where he purchased candy and then sold the treats to mom-and-pop shops on the return trip.

Later on his grandfather decided to start making his own candy. He bought machines and started producing confections. At first, it didn't go well.

"My uncle, Joe Atkinson, stepped up to the plate," Eric explains. "He was more mechanically minded. And within a few weeks, he made the candy profitable."

Though Eric was born and raised in Dallas, he spent a lot of time in Lufkin. He has fond memories of visiting as a kid, crawling around on burlap bags of peanuts that would sometimes topple over and spill.

"Once I got into big trouble because I decided to go swimming in the big vat of roasted peanuts," he says. "The supervisor, he didn't know what to do. Granddaddy came over like I was in trouble. I had peanut oil all over me."

Another time, when he was older, Eric was driving the forklift in the warehouse, stacking pallets and not paying attention to where he was stacking them.

"I didn't realize I had stacked them all the way up to the roof," he says. "That was the last time they let me drive the forklift for a long time."

Turns out he's a better leader than forklift operator. In 2022, the company produced over 9.5 million pounds of candy.

"We still make our candy using the batch process, in small batches, and we're still the same family that's always made this product," says Eric, who has a son learning to be a candymaker and whose daughter is the executive officer running the day-to-day operations. "That sort of consistency is being lost when the private equity companies buy out family businesses," he says. "They really aren't into the manufacturing aspect; they're into making money. Sadly, that's when those brands lose their soul because it's no longer about the quality, it's about the money."

Atkinson Candy Co. is still small by comparison, even after opening a facility in Guatemala in 2010 and a 30,000square-foot expansion of their Lufkin plant a few years ago. The Guatemala plant allowed the company to take advantage of lower sugar prices available in Central America during a time when sugar was becoming more difficult to source in the U.S.

Beyond the numbers and business, there is a magical aspect to the place.

After all, they've been creating joy for 92 years—back to when a penny bought a piece of candy. Willy Wonka does make an appearance once a year, during Halloween, when Eric—in costume—and his employees give out candy to the children of Lufkin.

No one can tell those kids that Willy Wonka doesn't exist.

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Throw Yourself a Bone

Full tang stainless steel blade with natural bone handle --- now ONLY \$79!

The very best hunting knives possess a perfect balance of form and function. They're carefully constructed from fine materials, but also have that little something extra to connect the owner with nature.

If you're on the hunt for a knife that combines impeccable craftsmanship with a sense of wonder, the \$79 Huntsman Blade is the trophy you're looking for.

The blade is full tang, meaning it doesn't stop at the handle but extends to the length of the grip for the ultimate in strength. The blade is made from 420 surgical steel, famed for its sharpness and its resistance to corrosion.

The handle is made from genuine natural bone, and features decorative wood spacers and a hand-carved motif of two overlapping feathers— a reminder for you to respect and connect with the natural world.

This fusion of substance and style can garner a high price tag out in the marketplace. In fact, we found full tang, stainless steel blades with bone handles in excess of \$2,000. Well, that won't cut it

around here. We have mastered the hunt for the best deal, and in turn pass the spoils on to our customers.

But we don't stop there. While supplies last, we'll include a pair of \$99 8x21 power compact binoculars and a genuine leather sheath **FREE** when you purchase the Huntsman Blade.

Your satisfaction is 100% guaranteed. Feel the knife in your hands, wear it on your hip, inspect the impeccable craftsmanship. If you don't feel like we cut you a fair deal, send it back within 30 days for a complete refund of the item price.

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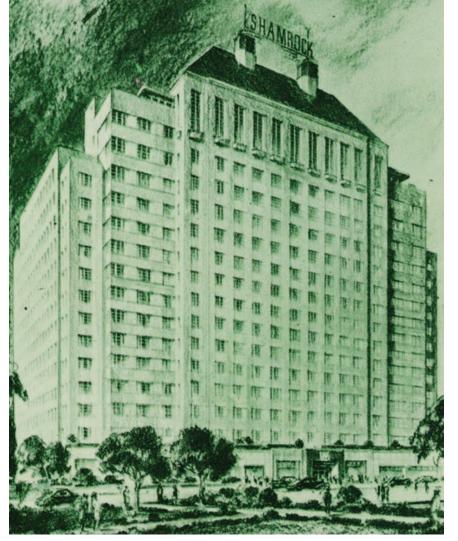
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The Green Carpet

The grand opening of Houston's lavish and large but short-lived—Shamrock Hotel

BY W.F. STRONG

THERE'S A SCENE in the 1956 movie Giant when Jett Rink, played by James Dean, tells the characters played by Rock Hudson and Elizabeth Taylor that he's struck oil. And not only that, he insinuates, it's payback time.

Rink is a hard-drinkin', fierce-brawlin', tough-talkin', uncultured Texas oil well driller who strikes it rich. But everybody in Texas knew that Dean was really playing Glenn McCarthy, a Houston wildcatter who struck it rich—cover of *Time* magazine rich.

The fictional Rink spent millions of dollars building the Emperador, the biggest hotel in Texas. The real-life McCarthy did the same. But McCarthy called his the Shamrock Hotel.

The Shamrock, nicknamed the Houston Riviera, was the grandest hotel in Texas when it was built in 1947 and the largest outside of New York or Los Angeles.

It was 20 stories tall, counting the twostory emerald Shamrock sign on top, and it towered over southwest Houston. The hotel cost \$21 million to build in the 1940s—or about \$300 million in today's money. It had the biggest hotel pool on the planet—so large that people waterskied in it. There were 1,100 rooms, all air-conditioned and each with a TV and radio, which was remarkably high-tech luxury back then.

McCarthy planned a grand opening for

FOOTNOTES IN TEXAS HISTORY

Listen as W.F. Strong narrates this story on our website.



St. Patrick's Day 1949 for his monolithic hotel. He wanted Hollywood stars but was told that the only way Hollywood would come was if there was a movie opening to attend. But no big studio would launch a film in Texas in those days.

So McCarthy decided to fund his own film—*The Green Promise*, starring Walter Brennan and a young Natalie Wood. In so doing, he had the premiere and hotel grand opening at the same time. Brilliant.

And Hollywood came. Howard Hughes gave McCarthy a good deal on one of his planes so he could fly stars to Houston. McCarthy also chartered a party train that brought in hundreds of celebrities for the opening.

The evening was regarded as the most prestigious event in Houston's social history. And it likely remains so. Everyone who was anyone was there. Ginger Rogers was there. So was Errol Flynn. It was partially broadcast live on national radio by NBC and hosted by actress, singer and World War II pinup girl Dorothy Lamour—until the hotel crowd got out of hand.

Many loved the Shamrock for its sheer size and art deco style: the Emerald Room, where Frank Sinatra sang; the Cork Club that overlooked Houston; and the hotel's grand devotion to its Irish theme.

But not everyone was impressed. Renowned architect Frank Lloyd Wright called the Shamrock's 63 shades of Irish green an "architectural venereal disease."

The Shamrock was sold to Conrad Hilton in 1955 and was known as the Shamrock Hilton until it was demolished in 1987. Today, the Texas A&M Health Science Center sits on the site.

I think McCarthy would like that. He was, after all, an Aggie. ●

Texas Citrus

A variety of dishes come alive with the state's prized produce

BY VIANNEY RODRIGUEZ, FOOD EDITOR

South Texas is home to the delicious ruby red grapefruit. From marinades and salads to cocktails and cakes, ruby reds are so versatile. This grapefruit loaf cake, one of my favorite ways to bake with them, is brimming with the fruit's tart and sweet goodness.

1½ teaspoons baking powder ½ teaspoon salt GLAZE 1 cup powdered sugar 2 tablespoons grapefruit juice ¼ teaspoon vanilla extract Thinly sliced grapefruit, for garnish 1. CAKE Preheat oven to 350 degrees. Coat a 5-by-9-inch loaf pan with nonstick cooking spray. 2. In a bowl, whisk together eggs, yogurt, brown sugar, oil, grapefruit zest, grapefruit juice, cinnamon and vanilla. 3. In another bowl, whisk together flour, baking powder and salt.

4. Pour the wet ingredients into the dry ingredients and mix until just combined. Avoid overmixing.

Grapefruit Loaf Cake

3/4 cup plain yogurt

1 cup light brown sugar ½ cup vegetable oil

1 tablespoon grapefruit zest ¼ cup grapefruit juice

1 teaspoon ground cinnamon

1 teaspoon vanilla extract

1¹/₂ cups flour

CAKE **3 eggs**

5. Pour batter into prepared loaf pan. Bake 30–35 minutes or until a toothpick inserted comes out clean.

6. Remove from oven, allow to cool for 10 minutes, and carefully remove cake from pan.

7. GLAZE Whisk together powdered sugar, grapefruit juice and vanilla.

8. Place grapefruit slices on cake and drizzle with glaze.

SERVES 8

Follow Vianney Rodriguez while she cooks in Cocina Gris at sweetlifebake.com, where she features a recipe for Ruby Red Grapefruit Salsa.



Texas Citrus Ceviche tanner fullmer bandera ec

Fullmer's ceviche is a refreshing no-cook appetizer that will wow your guests. Citrus juices cure the shrimp while jalapeño lends spice and avocado adds a touch of creaminess. Serve this bright and flavorful ceviche chilled and with tortilla chips for a beautiful presentation.

1 pound wild-caught Gulf shrimp, peeled and deveined 1 cup lime juice 1/4 cup lemon juice 1-inch ginger piece, peeled and minced 1 red onion, diced 3 cloves garlic, minced 1¹/₂ oranges, peeled and diced 1 grapefruit, peeled and diced 1 cucumber, peeled and diced 1 large avocado, pitted and diced 1 bunch cilantro, chopped 1 jalapeño, seeds removed and diced 1¹/₂ teaspoons salt **Tortilla chips** 1. Cut shrimp into desired size and

1. Cut shrimp into desired size and place into a large, nonreactive bowl. Add lime juice, lemon juice and minced ginger. Stir to combine. Cover bowl with plastic wrap and refrigerate 45 minutes.

2. Remove bowl from fridge. Stir in red onion, garlic, oranges, grapefruit, cucumber, avocado, cilantro, jalapeño and salt.

3. Return ceviche to the fridge to chill an additional 15 minutes.

4. Serve with tortilla chips.

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SERVES 6

\$500 WINNER

Moroccan Chicken Skewers

CARRIE RAY HEART OF TEXAS EC



Marinated in a blend of citrus juice and spices and broiled to perfection, Ray's Moroccan chicken skewers are a tender, mouthwatering dish that's perfect for a weeknight meal or entertaining. Couscous and yogurt complement the skewers and round out the dish.

SERVES 6



I \$500 Recipe Contest

the heat of the kitchen. Your best salad recipe could win a cool \$500. Go online

and submit your favorite by January 10.

SIMPLY SALADS DUE JANUARY 10 Come summer, we'll all be looking to escape

Zest and juice of 1 lemon

- 1/4 cup extra-virgin olive oil
- 2 tablespoons honey, plus more for drizzling
- 1 tablespoon finely grated fresh ginger
- 1 tablespoon ground coriander
- 1 tablespoon ground cumin
- 2 teaspoons salt
- 1 teaspoon ground black pepper
- 2 pounds boneless, skinless chicken thighs or breasts, cut into large pieces
- 2 lemons, halved

Fresh flat-leaf parsley, chopped Couscous (optional) Yogurt (optional)

1. In a bowl, stir together lemon zest and juice, olive oil, honey, ginger, coriander, cumin, salt, and pepper for the marinade. Set aside 2 tablespoons.

2. Add chicken to marinade, turning to coat evenly.

3. Preheat broiler.

4. Place chicken onto wooden or metal skewers, then place skewers onto a foil-lined sheet pan. Add one lemon half to each corner of the sheet pan.

5. Place baking sheet in oven 4 inches from heating element. Broil until charred, about 12 minutes, turning skewers over halfway through.

6. Remove from oven, spoon the reserved marinade onto the chicken and sprinkle with parsley. Drizzle the lemon halves with honey and serve alongside for squeezing over the chicken.

7. Serve with couscous and yogurt, if desired.

IPE PHOTOS: JASON DAVID PAGE. WINNER PHOTO: COURTESY CARRIE

RAY



Texas Meyer Lemon Pie RHAE BROWN SAM HOUSTON EC

Lemon lovers, this easy pie is for y'all! It's jam-packed with heavenly tartness and bakes in a store-bought pie crust. Simple and sublime, Brown's lemon pie is sure to impress.

3 eggs, room temperature 1¹/₄ cups sugar 1/2 cup Meyer lemon juice 4 tablespoons (1/2 stick) butter, melted 1 deep-dish frozen pie crust, unbaked Whipped topping (optional)

1. Preheat oven to 350 degrees.

2. Whisk eggs, sugar and lemon juice until smooth. Add melted butter and whisk to combine.

3. Pour mixture into pie crust and place on sheet pan. Bake 30-35 minutes.

4. Cool completely before serving. Serve with whipped topping if desired.

SERVES 8

ICP Find hundreds more recipes that feature citrus fruits and juices in our bountiful archive online.

Citrus With the Assist

BY VIANNEY RODRIGUEZ

Use fresh citrus in marinades for grilling or in dressings for salads.

Brighten baked goods by adding a touch of lemon or orange zest.

Fold orange segments into pancakes, waffles or warm oatmeal.

Add lime zest to salt for a festive salt rim for margaritas.

Add a splash of fresh citrus juice to your water for a refreshing twist.

Tuck lemon slices into the cavity of a chicken for a juicy roast chicken.

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HIT THE ROAD



Moment's Notice

A history museum in Laredo marks a short-lived republic's capital

BY CHET GARNER

TRAVELING TO DOWNTOWN Laredo feels like visiting a different country. Maybe that's because it was at one point in history! I'm not talking about the fact that Laredo was once part of Mexico (all of Texas was). I'm talking about the lesser-known Republic of the Rio Grande that existed for 11 short months in 1840 with Laredo as its capital.

It's a story that reads more like a movie and is best explored at its former capitol-turned-museum.

I started my travels in the San Agustin de Laredo Historic District with a chile relleno smothered in queso from El Mesón de San Agustin, a local favorite, and then set out to explore the 269-year-old neighborhood's adobe buildings surrounding a Spanish-style plaza.

One of the most significant buildings is a simple, single-story structure that was once the capitol of a new nation. Today it's the Republic of the Rio Grande Museum. I ducked my head as I stepped through the low wooden door frame and was immediately transported back in time.

The story of this short-lived nation starts in 1836, after Texas won its independence from Mexico. Residents between the Nueces River and the Rio Grande sought to quell instability along the border and decided to form their own country made up of the Mexican states of Coahuila, Nuevo León and Tamaulipas. The armies of the new nation tried to fend off Mexican President Antonio López de Santa Anna's forces, but after a betrayal, a beheading and 283 days, the republic ended.

The museum showcases memorabilia from that time with displays, pictures, books and furniture. There are three restored rooms: an office and sitting area, a bedroom, and kitchen. The republic is gone, but I could still feel a spirit of independence permeating the museum and entire town.

ABOVE Chet waves the Republic of the Rio Grande flag.

Follow along as Chet learns about the nation that was centered in Laredo. See the video on our website and see all his Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details, and check our website for many more upcoming events.

JANUARY

Orange On Your Feet: The Story of Emilio & Gloria Estefan, (409) 886-5535, lutcher.org

Harlingen Sounds of Silence Tribute, (956) 392-9757, harlingenconcert.com

Bandera [11–13] Bandera County Junior Livestock Show, (210) 260-8224, bcjlsa.com

Sweetwater [11–13] Nolan County Stock Show, (325) 235-3484, nolancc.com

Fort Worth [12–13] Carter Anderson, (512) 817-9535, blcomedy.com

La Grange [12–13] Ray Wylie Hubbard, (979) 968-9944, thebugleboy.org

Kerrville [12–14] Star Crossed, (210) 492-9519, cameratasa.org

Fort Worth [12–Feb. 3] Stock Show and Rodeo, (817) 877-2400, fwssr.com

) Abil Sea

Abilene Don Juan by the Sea, (325) 677-6710, abiphil.com

Brenham Uptown Swirl Downtown Brenham, (979) 337-7580, cityofbrenham.org

Fredericksburg Hill Country Indian Artifact Show, (830) 329-2636, hillcountryindianartifacts.com Galveston Yaga's Chili Quest and Beer Fest, (409) 770-0999, yagaschiliquest.com

Marfa Star Party in the Badlands, (432) 424-3327, tpwd.texas.gov

Mesquite Martin Luther King Jr. Celebration, (972) 216-8132, mesquiteartscenter.org

Round Top Houston Jazz Orchestra, (979) 249-3129, festivalhill.org

Houston MLK Grande Parade, mlkgrandeparade.org

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New Caney [19–20] Hold 'Em & Hit 'Em Barbecue Cook-Off, hhclub.org

Fredericksburg [19–21] Trade Days, (210) 846-4094, fbgtradedays.com

Bastrop [19–21, 26–28, Feb. 2–4] Freaky Friday, (512) 200-3826, bastropoperahouse.org

Victoria Lyle Lovett and His Large Band, (361) 576-4500, victoriasymphony.com

Plano [20–21] Dallas Area Train Show, (972) 941-5840, dfwtrainshows.com

Amarillo Bert Kreischer, 1-800-692-1338, amarillotheater.com

Richards Guthrie Jones, (936) 436-9050, wscwinery.com

Raymondville [24–27] Willacy County Livestock Show & Fair, wclsf.com

MORE EVENTS >

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We pick events for the magazine directly from TexasCoopPower.com. Submit your April event by February 1, and it just might be featured in this calendar.



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Pick of the Month

Goosebump Jump Granbury, January 20 (817) 573-5548 visitgranbury.com

Help kick off the winter tourism season with a jump into the frigid waters of Lake Granbury. The forecast includes a 100% chance of snow and shivers, and an after-party will warm you up with coffee, cocoa and cookies.

JANUARY EVENTS CONTINUED



27

29

La Grange Marcia Ball, (979) 968-9944, thebugleboy.org

Fulton [26–27] Cruising the Coast Quilt Show, piecemakersbythebay.org

South Padre Island [26–28] Market Days, spimarketdays.com

Jefferson Mardi Gras Queen Mab Ball, (903) 665-3733, mardigrasupriver.com

Port Aransas Garden Club Home Tour, (361) 834-4130, portaransasgardenclub.org

Round Top Asleep at the Wheel, (979) 249-3129, festivalhill.org

Johnson City [29–Feb. 23] Wine Lovers Celebration, (872) 216-9463, texashillcountrywineries.org 30

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Harlingen Barbara Padilla, (956) 392-9757 harlingenconcert.com

FEBRUARY

Frisco East-West Shrine Bowl, (813) 281-8686, shrinebowl.com

Bandera [1–3] Cowboy Mardi Gras, (830) 796-4849, 11thstcowboybar.com

Fredericksburg First Friday Art Walk, (830) 990-8160, visitfredericksburgtx.com

Granbury Aquatic Wild Workshop, (650) 471-3285, tpwd.texas.gov

Lake Jackson Colbie Caillat, (979) 230-3658, brazosport.edu

Temple [2–3] Father Daughter Dance, (254) 298-5690, templeparks.com

Humble [2–4] Rodeo, (281) 241-7436, humblerodeo.com

Galveston [2–13] Mardi Gras, (409) 770-0999, mardigrasgalveston.com

North Zulch Volunteer Fire Department Chili Cookoff, (979) 488-9214, facebook.com/nzvfd

Sweetwater Lift Every Voice, sweetwaterauditorium.org

Local Landmarks

They define our landscapes, become guideposts when giving directions, and are a point of pride in communities large and small. Texas landmarks are as full of character and charm as the Texans who create them.

CURATED BY GRACE FULTZ

1 CASE RAMIREZ-MELTON LAMAR ELECTRIC

Sunset at the Eiffel Tower in Texas' Paris.

2 CARL BURNHAM PEDERNALES EC

A longtime Austin favorite, Top Notch has been grilling up burgers and other fare since 1971.

3 MARK BONAME JACKSON EC

You can see these Easter Island statue replicas on the loop in Victoria.

4 DENNIS MURPHY UNITED COOPERATIVE SERVICES

The blueprints mistakenly had inches instead of feet, and the builder in Wichita Falls made it as it was written.









Upcoming Contests

DUE JAN 10 Rides DUE FEB 10 Food and Cooking DUE MAR 10 Shells and Scales



Enter online at TexasCoopPower.com/contests.

CP See Focus on Texas on our website for many more Local Landmarks photos from readers.



Touched by an Angel

An unflappable donkey imparts peace on a farm

BY MARTHA DEERINGER ILLUSTRATION BY JOHN TOMAC **GROWING UP**, my family lived on a treelined street in Waco but longed for the country life, so my parents bought land in nearby Rosenthal. It was only 24 acres, but we called it "the farm."

Excitement at the farm escalated when our next-door neighbor—who owned a real farm—came home one day with a trailer load of donkeys. They were a sight to behold—all those impossibly long ears sticking up above the sides of the trailer.

I was smitten. My grandmother had just read Marguerite Henry's *Brighty of the Grand Canyon* (about a burro that lived in the gorge) aloud to me, and this load of donkeys made my heart ache. I begged my parents to buy one.

Unloaded into a pen, the donkeys were a mixed bag—fat, thin, gentle,

grumpy, young and ancient—but one little brown jenny with shaggy hair and a white nose poked her head through the fence. Her kind brown eyes gazed right into mine. My parents, imagining the word "babysitter" printed in large letters on her forehead, cheerfully handed over \$25. I named her Bright Angel, after the donkey in Henry's book.

Bright Angel was no Secretariat. She had one speed, a slow walk. She was kindhearted and quiet and held no animosity toward any living thing. Eventually, she became my best friend.

If I rode her down the gravel road to the little gas station on the corner, she waited patiently outside while I went in to get a Grapette and a Zero candy bar. She won best supporting actress for many a flickery homemade Western after my older brother got an 8 mm movie camera for his birthday.

When Christmas approached, my school, St. Alban's in Waco, decided to enter a float in the citywide parade. My parents volunteered Angel to ride on the float and carry the Virgin Mary to Bethlehem.

When we loaded her onto the flatbed trailer, she didn't twitch an ear. I was the Virgin Mary, a most exalted role for a 6-year-old. A large man dressed as the angel Gabriel stood near the front of the float with a tinfoil trumpet in case of unanticipated excitement, but even the bands and the firetruck's siren left Angel unperturbed.

She got a cinnamon roll for her fine performance.

Eventually my brothers and I graduated to horses and our parents to larger farms, but Angel lived a long and peaceful life as a cherished member of the family, proving that even the most unlikely of best friends can be a lifelong treasure.



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