EXAS GOOD POWER FOR CECA MEMBERS

Vanishing Act

Conservationists work to save native plants in decline

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Texas Coop Power

April 2024



Thorny Task 12 Holding

Scientists, landowners and plant lovers work to preserve hundreds of threatened Texas natives.

By Sheryl Smith-Rodgers

Promise

Bandera's Helping Hand puts relief within reach for neighbors in need.

Story and photos by Laura Jenkins

Currents The latest buzz

TCP Talk Readers respond

Co-op News Information plus energy and safety tips from your cooperative

Footnotes in **Texas History** Republic's End By W.F. Strong

TCP Kitchen Perfect Potluck By Vianney Rodriguez

Hit the Road Carried Treasure By Chet Garner

Focus on Texas Photo Contest: Pollinators

Observations Seedy Behavior By Sheryl Smith-Rodgers

ON THE COVER

The flower of the rare night-blooming cereus can be seen just one night a year. Photo by Dave Shafer ABOVE

The Hinckley oak is an evergreen shrub in the Chihuahuan Desert. Photo by Keeper Trout | Lady Bird Johnson Wildflower Center



Wiring the American Dream

ON LINEWORKER Appreciation Day, April 8, we celebrate the 20 Texas electric cooperative lineworkers who brought electricity to Matasanos, a rural village in Guatemala. They spent two weeks there in November as part of NRECA International, a program that for more than 60 years has delivered electricity to remote places that had none—exactly what co-ops did in rural Texas 85 years ago.

Ten South Texas co-ops sent two crew members each, plus support staff. When they finished, 60 homes had each been wired with four lights, two switches and two outlets. Villagers helped the lineworkers move equipment up the mountain.

"I believe we take the American dream on the road and transplant it to other countries," says Jim Coleman, general manager at Jackson Electric Cooperative in Edna, who has participated in several international projects. He was joined in Guatemala by GMs from four other Texas co-ops.



No Fooling

Some historians say April Fools' Day customs have been around since the 16th century, when France's King Charles IX decreed the new year would begin January 1 -not on Easter. Those who clung to the old ways were called April fools.

FINISH THIS SENTENCE

Wow! The eclipse was ...

Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our February prompt: Campfires remind me of ...

Telling scary stories as kids. CATHY ONDREJ AQUILLA

Me and my dad camping. We would stare at the fire for hours and say, "This is much better than watching TV." MIKE EARLY VIA FACEBOOK

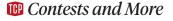
The time I set our tent on fire! HOOMALIMALI PAULO VIA FACEBOOK

The possibility of a nostalgic gathering and the surety of an asthma attack. SHELLY REID SOUTH PLAINS EC

Fresh air, boiled cowboy coffee, staring at the embers.

DURENA KRILEY VIA FACEBOOK

Visit our website to see more responses.



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RECOMMENDED READING

from April 2014 on our website.

Ten years ago we looked at the problems caused by the growing population of feral hogs in Texas. See Here a Pig, There a Pig



The Favorite

"I pay for some magazines, but my very favorite one is yours. Great publication."

NONA GARDNER DEEP EAST TEXAS EC GARRISON

Pieces of Art

We became a fan of Puzzles of Color after meeting them at the Texas State Fair and absolutely loved the artwork of the woman playing bass [*Puzzling Times*, February 2024]. I made a custom frame for it, and it hangs in our guest bedroom.

Peter Hill Pedernales EC Austin

The Reality of Gators

We don't always have a resident gator at Magnolia Beach, but most times there's one or two [*Later, Gators?*, February 2024].

My son and I were fishing when two teens were swimming nearby. I casually asked if they were watching for gators. "What gators?" came back sarcastically.

"The one with his nostrils and eyes sticking up under the walking bridge behind you," I replied.

I swear they walked on water getting to the bank.

Jim Evans Victoria EC Port Lavaca



The Real Bowie?

Yes, Jim Bowie's knife was quite a sensation, and I'm glad you cast some doubt as to his actions at the Alamo, but it might be worth mentioning a bit more of his biography [*A Cut Above*, February 2024].

He was a slave owner, slave trader, smuggler and an associate of pirates. He also was a land speculator with a suspicious reputation.

Georgia Xydes Pedernales EC Austin

Shamrock Memories

Glenn McCarthy's two daughters were at Lamar High School when I was [*The Green Carpet*, January 2024]. The Cork Club was opened on Sunday afternoons for teens to come, dance to a small orchestra and have nonalcoholic drinks.

In 1952, my date and I went with another couple. The featured singer for the week came to entertain us—Tony Bennett. Hearing I Left My Heart in San Francisco always reminds me of that very special afternoon.

Betty Akin Morris Pedernales EC Canyon Lake

III WRITE TO US

letters@TexasCoopPower.com

Editor, Texas Co-op Power 1122 Colorado St., 24th Floor Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

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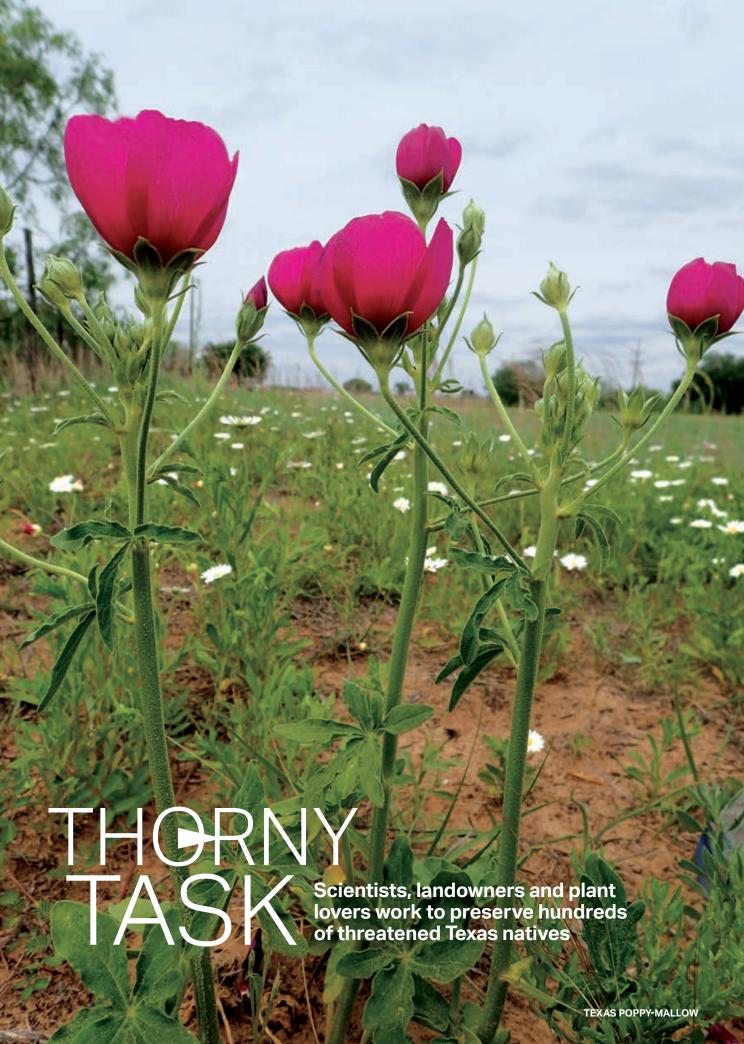
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andy Deming often walks his 10 acres of rural land in Callahan County, near Abilene, always on the lookout for a flower, insect or bird he hasn't spotted before.

Using an app called iNaturalist, he documents the native grasses, yuccas, Ashe junipers, live oaks and other plants that grow there. Thanks to the app, Deming learned in 2021 that one of his flowering species could be one of only a few remaining populations in Texas.

"I took pictures of a pretty flower and forgot about it," recalls Deming, a member of the Texas Master Naturalist Program and Taylor Electric Cooperative. "A few months later, I was skeptical when someone contacted me through

iNaturalist and asked to see my large-flower beardtongues.

"When they told me how rare they are, I was excited," Deming says. "I could have mowed them down! Now I'm watching over them."

In the future, large-flower beardtongues—a tall, erect perennial with tubular purple blooms—could be legally protected if researchers collect enough ecological data to substantiate the designation. In the meantime, 437 other Texas plants have already been designated by the state as "species of greatest conservation need," meaning they're in decline and need attention. Some of those species require even more urgent measures. These are further labeled as threatened or endangered.

The two legal terms stem from the Endangered Species Act, a federal law enacted in 1973 to protect and help recover the nation's imperiled plant and animal species and their habitats. The U.S. Fish and Wildlife Service oversees the federal list and partners with the Texas Parks and Wildlife Department, which manages the Texas list. A species can be federally and state protected, such as shrubby Texas snowbells in the Hill Country, or just one or the other.

However, the process for federally listing a species can stretch out for years. Consider the bracted twistflower, a tall annual with lavender flowers that has been increasingly lost to urban sprawl and hungry herbivores. Found only within the Edwards Plateau, the wildflower has been marked as imperiled since 1975 and was petitioned for



federal listing in 2014. In May 2023—nine years later—the USFWS finally listed the bracted twistflower as threatened. In Coryell County, the imperiled Texabama croton faces similar challenges.

Plants of all kinds in Texas face many pressures. Every year, development scrapes away one natural area after another. Invasive plants, agriculture, poaching, mining, weather, loss of pollinators, and land and water management also negatively impact the state's flora.

But does it really matter if a few of Texas' estimated 5,000-plus native plant species go away? The answer is yes.

"We have biodiversity for a reason," says Anna Strong, a rare species botanist with TPWD. "Each organism interacts with others in specific ways. Regardless of whether it's rare or common, if we take out one organism, we don't know the implications amongst all the organisms. If we take out one flower, we may take a food source away from a specific insect that relies on that species."

At the San Antonio Botanical Garden, botanist Michael Eason works to conserve and propagate rare Texas plants. "We have more than 90 species in our collections," Eason says. "Some are displayed in our gardens, which helps to educate the public. Others are seed collections, which haven't been propagated yet."

One of those species, prostrate milkweed, a low-growing perennial, is endemic only to Starr and Zapata counties and northeastern Mexico. Since at least 1980, invasive



An endangered species is defined under the Endangered Species Act as "any species which is in danger of extinction throughout all or a significant portion of its range."

A threatened species is defined under the ESA as "any species which is likely to become an endangered species within the foreseeable future throughout all or a significant portion of its range."

Imperiled is not a legal term. Biologically, it refers to unprotected species that are in decline and may be in danger of extinction.

Rare plants have very limited ranges or exist in low numbers.

buffelgrass, road construction and development have drastically reduced its numbers. After several petitions to the USFWS, prostrate milkweed—an important monarch butterfly host plant—was federally listed as endangered in March 2023. The agency also designated 661 acres as critical habitat needed by the species to survive.

For his part, Eason spent five years tracking down the scarce milkweeds and collecting seeds, then having a milkweed specialist grow the plants to maturity. "We ended up with 150 plants," he says. "We passed some to other botanical gardens. We'll install some in our rare plant gardens. The remainder will be kept for perhaps reintroductions in South Texas and donations to other institutions with the Center for Plant Conservation."

Headquartered in Escondido, California, the CPC is a

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Grassroots Efforts

MATHEWS | LADY BIRD JOHNSON WILDFLOWER CENTER

The Texas Department of Transportation monitors for rare plants prior to road construction and along state highways and rights of way. Edd Paradise, a TxDOT environmental planner in Pharr and a Magic Valley Electric Cooperative member, worked with USFWS to relocate endangered Zapata bladderpods in Starr County.

Aaron Lincoln—a biodiversity manager with Lhoist, a global corporation—oversees a pilot project to restore grasslands and a pocket prairie at a 3,000-acre chemical lime plant and quarry in Bosque County. So far, he's documented glandular blazing stars, Hall's prairie clover, lemonscent and other declining species. Lincoln also hopes to set aside 122 acres as a refuge for white troutlilies and morel mushrooms.

The Friends of the Warren Ferris Cemetery in Dallas rallied to transform the historic cemetery's neglected grounds into native habitat. Today, the Constellation of Living Memorials pilot project includes eight old cemeteries and will serve as an example for revitalizing the state's 5,000-plus historic cemeteries. One project goal is to encourage the recovery of threatened and endangered plant species.

nationwide network of organizations working together to save imperiled native plants. The San Antonio Botanical Garden partners with the CPC, as do the Botanical Research Institute of Texas at the Fort Worth Botanic Garden, Mercer Botanic Gardens in Humble and the Lady Bird Johnson Wildflower Center in Austin.

As part of its conservation efforts, the wildflower center stores seeds of 575 Texas plant species for research and sharing with botanical gardens and conservation organizations. The seed bank, housed mostly in freezers, also serves as an insurance policy against the loss of imperiled species.

"We visit wild populations that we have permission to access, either on public land or through contacting landowners," explains Jonathan Flickinger, conservation collections manager at the wildflower center. "We harvest seeds



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from plants, but we don't take too many because our priority is to conserve the plants in their natural habitat."

In some cases, researchers may rescue plants by digging them up. That happened with the Texas poppy-mallow, listed as federally endangered in 1981. The tall perennial with reddish purple flowers grows in deep sandy soils along the Colorado River in four counties.

In 2010, some conservation-minded landowners asked that a population of poppy-mallows be removed from a future construction site on their property. That summer, wildflower center staff and other colleagues extracted 54 plants and fostered them in pots for three years.

"We harvested more than 3,000 seeds from them for our seed bank," Flickinger says. "Then we identified another site where they were reintroduced."

andowners play a huge role in plant conservation, namely because about 95% of Texas' land is privately owned. When threatened or endangered plants grow on private land, landowners are not legally required to manage them under the Endangered Species Act (the law differs for listed birds and animals).

Botanists and other officials must always ask permission before accessing private land. Typically, they want to survey plant species, perhaps harvest a small amount of seeds and collect plant material for herbarium vouchers.

The Fish and Wildlife Service offers a program that provides property owners with free technical and financial assistance for improving wildlife habitat on their land. "We're always looking for opportunities to work with landowners," says Chris Best, USFWS botanist. "Most of the ones I've met want to protect their land's natural resources."

That aptly describes attorney Liz Rogers, a Medina Electric Cooperative member. For more than two decades, she's welcomed researchers onto her family's 8,000-acre cattle ranch in southeastern Brewster County, along the Mexico border. "They always show me cool things, which has made me appreciate our ranch even more," she says.

Eason has been among many plant conservationists who have botanized the ranch's Trans-Pecos deserts, canyons and mountainsides. "Liz has an assortment of rare plants found along cliff faces and other protected areas," he says. "We've collected plants such as Turner's cliff thistle, rockdaisy and Barton's dalea. She also has a small population of night-blooming cereus."

Whether rare or not, showy or inconspicuous, every native plant matters. "We shouldn't focus conservation merely on species that have declined so far that they're teetering on the brink of extinction," Best says. "We should be working to keep common plants common."



Noah's Arks for Seeds

Just as the Lady Bird Johnson Wildflower Center

in Austin stores seeds of 575 Texas plant species for research, national and global seed vaults do the same—preserving plant types in case they are wiped out by natural or human-made disasters.

The National Laboratory for Genetic Resources Preservation on the campus of Colorado State University is run by the U.S. Department of Agriculture. It houses more than 850,000 plant seeds and materials, as well as DNA samples from about 160 breeds of livestock.

The Svalbard Global Seed Vault, located about halfway between the North Pole and the coast of Norway, is more than 300 feet inside a mountain, where the permafrost maintains a stable temperature between 26 and 39 degrees. Three large concrete chambers have the capacity to hold 3.5 million seed samples.



HOLDING PROMISE

BANDERA'S **HELPING HAND** PUTS RELIEF WITHIN REACH FOR NEIGHBORS IN NEED



FROM THE ROAD, it doesn't stand out from any other small office complex you might find in the Hill Country. But once you pass through the towering iron gate, get out of your car and start walking, the landscape becomes much more inviting: winding paths that lead to a peaceful courtyard and a sprawling pergola nestled against a scenic lily pond.

This is what hope looks like. More specifically, the Village of Hope—the cluster of buildings owned by Bandera County Helping Hand, a haven for residents facing a personal crisis. Are you sick? There's a free medical clinic. Is your cupboard bare? Head over to the food pantry. Do you need shoes, clothes or basic household items? The thrift store has what you need.

Since 1984, Bandera Helping Hand has been a steadfast safety net for folks who have hit hard times.

"We're here to help people get on their feet," says Jesse Parks, executive director of Helping Hand. "You never know what tomorrow will bring. Everything's great until all of a sudden there's a car wreck and somebody's gone or there's a flood or a fire and you've lost everything. It's devastating."

Parks speaks from experience. In the late 1990s, she and her husband uprooted their lives in Corpus Christi and moved to Medina, just west of Bandera, where they signed a long-term lease on a piece of land and started working on their dream: building a facility for teens experiencing crisis. Two years later, without warning, the landowner sold it out from under them, including the structures and improvements they'd funded with their own money.

They lost everything. To make ends meet, Parks got a job at the Apple Store in Medina (which actually sells fruit). One day a friend came in and told her that she'd recommended Parks for the director position at Helping Hand. Even though she'd never worked at a nonprofit, Parks accepted the position and has led the organization since 2000.

Helping Hand began 16 years earlier, in 1984, when local churches came together to assist neighbors in need. The aim was to pool resources and provide a central place where people could go for help. In the early days, Helping Hand operated a thrift store and a food pantry and provided school supplies for children. It also helped struggling residents pay their utility bills.

But when the Medina River swept through the town during the devastating South Texas floods of 2002, it demolished Helping Hand's facilities. Quite suddenly they were among those in crisis.

"Our building was completely destroyed," Parks remembers, "so we set up shop in a warehouse and started gathering donations from other food banks. The Salvation Army came in and helped us provide aid for flood victims as well."

OPPOSITE, CLOCKWISE FROM TOP The Village of Hope welcomes folks who have hit hard times. Angelica Hernandez greets patients at the medical clinic, which is open three days a week. The food pantry can feed 130 families a month.

Seeing how generously and efficiently Helping Hand had been serving the community, Bandera's city council offered them space so they could continue helping residents while they figured out how to start over themselves. And that's when offers of help started pouring in.

"A retired grant writer by the name of Dan Wise got in touch and offered to help us raise funds to rebuild," says Parks, a member of Bandera Electric Cooperative. "I looked forever for land that was not in a flood plain and finally found this 3.77 acres. We bought it with money we borrowed from Bandera Bank but were able to pay it back within a year using the grants that Mr. Wise helped us get from various foundations."

By early 2004, Helping Hand's crisis intervention center was complete. At the building's dedication, then-board President Comellia Rue announced that the next structure they would build was a free medical clinic to serve the county's uninsured residents. But no one had any idea where the money would come from.

Enter Kerrville businessman Arthur Nagel, who approached the pastor of a local church and told him God had given him a vision to start a medical clinic in Bandera. The pastor introduced Parks to Nagel, who donated \$150,000 to construct the shell of the clinic building on the Village of Hope grounds. Within a year, Helping Hand had raised enough money to complete the clinic and operate it for a year. The clinic formed its own nonprofit and opened its door to patients in 2008.

Today the Arthur Nagel Community Clinic is open three days a week. In addition to primary care, the clinic offers mental health services and teen and elder care programs. Healthy cooking and cardio fitness classes are also available. The clinic provided an estimated \$1.9 million in health services to 443 Bandera County residents in 2023, says clinic director Chuck Lutke.

The food pantry stays stocked thanks to food and cash donations from individuals and contributions from other food banks. As a result, Helping Hand can feed an average of 130 families a month.

At the thrift store, which thrives on steady donations of gently used clothing and household items, residents purchase what they need at affordable prices. Sales cover nearly three-fourths of Helping Hand's annual operating budget.

"Helping Hand is about community," Parks says. "We all work as a team. I see us as a community of 'hands' that resources pass through. Each one of us has been through hard times and knows what a little compassion and love can mean in a crisis situation.

"Helping people get back on their feet and feeling good about themselves as they overcome whatever they're going through is a privilege.

"It's not a handout, it's a hand up."

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Eisenhower Dollar: The last circulating U.S. dollar coin, the Eisenhower Dollar, aka the "Ike Dollar," was prized by Americans, with its design featuring war hero President Dwight D. Eisenhower, backed by an image symbolizing the Apollo II moon landing. First struck with silver 1971-1976, the Eisenhower Dollar in this set was struck in 40% silver for collectors, and you will receive a coin in Brilliant Uncirculated (BU) condition.

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Silver Eagle Type 2: In honor of the popular 99.9% silver coin's 35th anniversary in 2021, the Silver Eagle received a new, esteemed Type 2 "Eagle Landing" reverse design. This is the current issued coin by the U.S. Mint. Brilliant Uncirculated (BU) condition coin included in set.

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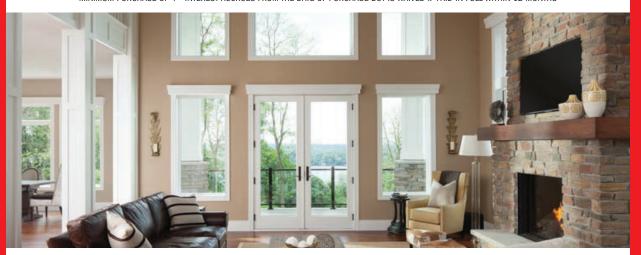
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MESSAGE FROM GENERAL MANAGER ALAN LESLEY

Co-ops Prioritize Safety

FROM THE CREWS AT CECA to you, the members we serve, we recognize that everyone has a part to play in prioritizing safety.

According to Electrical Safety Foundation International, thousands of people in the U.S. are critically injured or electrocuted as a result of electrical fires and accidents in their own homes every year. Many of these accidents are preventable. Electricity is a necessity, and it powers our daily lives. But we know firsthand how dangerous electricity can be because we work with it every day.

To me, safety is more than a buzzword. As CECA's general manager, it's my responsibility to keep co-op employees safe. But we all want to help keep you and our entire community safe as well.

That's why you'll see CECA hosting safety demonstrations at community events and in schools throughout the year, showing the dangers of electricity. We discuss emergency scenarios, such as what to do in a car wreck involving a utility pole and downed power lines. We caution students on the dangers of padmounted transformers and overloaded circuits.

I don't need to tell you that electricity is an integral part of modern life. It's so common that we can forget the dangers that electricity presents, so I'd like to pass along a few practical safety tips.

Frayed wires pose a serious safety hazard. Power cords can become damaged or frayed from age, heavy use or excessive current flow through the wiring. If cords become frayed or cut, replace them before they cause a shock.

Label circuit breakers to understand the circuits in your home.

Avoid overloading circuits. Circuits can only cope with a limited amount of electricity. Overloads happen when you draw more than that—by having too many devices running on one circuit. Contact a qualified electrician if your home is more than 40 years old and you need to install multiple large appliances that consume large amounts of electricity.

Use extension cords properly. Never plug an extension cord into another extension cord. If you daisy chain them together, it could lead to overheating, creating a fire hazard. Don't exceed the wattage of the cord. Doing so also creates a risk of overloading the cord and starting a fire. Extension cords are not permanent solutions. If you need more outlets, contact a licensed electrician to help.

I encourage you to talk with your kids about playing it safe and smart around electricity. Help them be aware of overhead power lines near where they play outdoors.

Our top priority is providing an uninterrupted energy supply year-round. But equally important is keeping our community safe around electricity.

Contact CECA at 1-800-915-2533 or email memberservices@ceca.coop for additional electrical safety tips or if you would like us to provide a safety demonstration at your school or event. ■



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Lineworker Appreciation DayMonday, April 8





- **1.** Tommy Patterson with his guitar in front of the CECA sign at its headquarters in Comanche.
- 2. Patterson performing at the Comanche City Park.
- **3.** Patterson preparing to perform at the Stone Eagle Beer Garden in Comanche.

A Lineman's Journey Through Life and Music

FROM REPAIRING METERS AND electric lines to writing and singing songs, Tommy Patterson, a retired service lineman and meter technician who worked 19 years at CECA, reflects on his career and musical pursuits, reminding us that every day is a great day to pursue our passions.

Patterson, now 68, played a pivotal role in CECA's commitment to maintaining reliable electricity flow to its members. As a service lineman and meter technician, he worked to ensure that the co-op's electrical equipment functioned properly. Now retired, Patterson has shifted his attention to pursuing his lifelong dream in music.

Through his years at CECA and working with hardworking crews, he developed a special spot in his heart for CECA linemen and all linemen across the country, inspiring him to write *The Lineman's Song*.

"Every day was an adventure," Patterson said. "I respect and admire everyone who works at the cooperative. Everybody has an important piece of the puzzle, but especially the linemen and what they have to deal with all the time."

The song, posted February 16 on Facebook and featuring Patterson in his house, garnered the attention of his family, friends, former co-workers and just about anyone he'd ever met.

The song tells the story of a lineman and his crew who leave their families to fix fallen power poles that have caused a power outage in their community. The song illustrates a town without power due and describes some of the devastation, such as several campers blown over and cell towers going down.

At home, the linemen's children and wives anxiously wait and pray for their safe return as the workers navigate the challenges posed by the elements, darkness and the unpredictable nature of electricity. After 18 hours, the outage is restored, and they return home to be with their families again.

The idea to write this song came to him while letting his sheep out. Once he had the idea, he went directly to the house and started writing.

"It's my tribute to the people in the industry," Patterson said. Patterson explained that working as a lineman is dangerous, but linemen brave the elements because they're dedicated to restoring your power as quickly and safely as possible.

Patterson recalled a story from a few years back, during a winter storm when he spent three and a half days out in the field working on power lines. He got to go home for about six to seven hours to get a hot meal, shower and sleep for a couple of hours, but after that short rest, he was right back at it, working to repair lines.

"For the most part, you're out there the whole time, and it's cold," Patterson said. "You start to drive on, and you get a mile down the road, and it's back off again. There's a lot that goes into getting people's power back on."

Patterson offered a sense of comfort to families that have a lineman in their family that they love dearly. He explained that the cooperative and other utilities spend a lot of time, money and effort on safety measures. CECA has safety meetings every month so that everyone knows how to get home safe at the end of the day. Patterson equated the linemen with family because of how they watch over each other on every job.

Patterson shared that he had many wonderful adventures as a lineman, but there were some drawbacks, such as being away from his family during outages. Additionally, he mentioned that, as his song implies, there could be instances where linemen are required to work for an extended period without a definite restoration time due to the severity of the situation.

In a broader scope, Patterson explained that being a lineman is rewarding in more ways than one, but there are sometimes unfortunate aspects. Patterson's life-centered approach and his passion for storytelling allow him to share stories of his life and the lives of others with his audience while inspiring people to follow their dreams to the fullest.

Catch Patterson performing his music at the Stone Eagle Beer Garden at 124 N. Austin St. in Comanche at 7 p.m. third Thursdays of each month, except June.

If you have a story idea you'd like to see featured, email tmcgehee@ceca.coop. ■



CECA Offers Residential Solar Solutions for Members

DID YOU KNOW that CECA installs and sells solar power arrays? We have trained professionals who can evaluate your electricity use and property to provide the perfect fit for your home or business based on your usage patterns. We encourage members to include CECA in their solar array installation plans from start to finish.

CECA offers various options, from backup generators and battery systems to roof- and ground-mount arrays. Energy efficiency has progressed with new technologies, allowing members to take a more active role in optimizing their energy consumption. We're beyond the days of just turning off the lights or adjusting the thermostat when leaving the house.

If you're interested in optimizing your household's energy consumption, call Riley Hilliard at 1-800-915-2533 to set up a free energy audit and solar power analysis. Solar power may not be a good fit for everyone, but under the right circumstances, it can save members money on their monthly bills.

There are many companies out there marketing the installation of solar panel arrays in every county CECA serves, and this has created confusion around solar buyback plans and raised concerns about fair pricing in a new and changing industry. We're here to help our members navigate this confusion, and if they feel solar may be a good option for them, we can handle the sale and installation.

CECA does require that an application process be completed before interconnection with our system to ensure proper safety, liability and metering standards are met. Regardless of the solar power vendor you choose, please contact us before you start your project to be sure that your plans are compliant and that your project goes smoothly.

You can always discuss your solar project plans with CECA staff for general information or specific needs. Solar power can be a great energy efficiency tool, and we applaud our members who are working to conserve power. Call us at 1-800-915-2533 to learn more about how we can help.







Fridge Facts for Energy Savings

SELECT REFRIGERATOR AND FREEZER sizes that are just large enough for your family's needs. Energy usage is proportional to cubic feet of refrigerated space, regardless of whether all of the space is utilized.

If your refrigerator or freezer is on its last legs, consider replacing it before it breaks down. Look for the Energy Star label when shopping for appliances. On average, Energy Star models use about 9% less energy than units meeting the minimum federal standards.

Don't put a second refrigerator in the garage. In the winter months, frozen foods may melt (as the temperature sensor in the refrigerator will not activate the compressor if the temperature in the garage is 42 degrees or lower). In the summer months, the temperature in an unconditioned garage can easily exceed 100 degrees, and the refrigerator has to work extra hard to keep food cold. If you need a second unit, place it in an air-conditioned space.

On older units, vacuum the condenser coils of refrigerators and freezers (in the back or at the bottom of cabinets) every three months or so. Dust-covered coils impair the efficiency of compressor operation and increase energy usage.

Door gaskets on fridges and freezers should seal tightly against the frames to prevent infiltration of warm air. To check the condition of the gasket, place a dollar bill against the frame and close the door. If the bill can be pulled out with a very gentle tug or, worse still, simply drops out on its own, the door requires adjustment or the gasket needs to be replaced.

Make sure there are a few inches of space between your refrigerator and the wall to maintain good air circulation. This will help your fridge run more efficiently.

Keep your freezer full. Use gallon jugs of frozen water to help fill empty space.

Check the temperature of your refrigerator and freezer with a thermometer. Set them to whichever setting allows the refrigerator temperature to remain between 35 and 38 degrees and your freezer between 0 and 5 degrees. A refrigerator set 10 degrees colder uses up to 25% more energy.





Conserve Hot Water To Save Money

EVERY DROP OF HOT WATER you don't use adds up to savings on your energy bill.

Think about how often you run the hot water faucet or an appliance that uses hot water—and whether you could either turn it off or use cold water instead. Heating water is the second-largest energy expense in your home, second only to air conditioning, accounting for about 18% of a typical utility bill.

Here are seven ways to use less hot water:

- **1.** Swap your old showerhead for a low-flow model that displays the Environmental Protection Agency's WaterSense label. Typical showerheads deliver 2.5 gallons of water per minute; WaterSense models release no more than 2 gallons per minute.
- **2.** Set a timer for five minutes, and turn the shower off when the alarm rings. You can also turn the water off while you lather up your hair and turn it back on to rinse off.
- **3.** Plug the sink while shaving instead of running the water the whole time to rinse your razor under the spigot. You could save up to 300 gallons of water a month this way.
- **4.** Soak pots and pans instead of scraping them under running water. They'll clean up quicker, and you'll save water and energy.
- **5.** Fix that leaky hot water faucet. It's often a simple repair, but replacing it will cost less than you'll pay for years of wasted water and energy that escapes through a leaky tap.
 - 6. Wait until you have a full load in the dishwasher before you run it.
- **7.** Insulate any hot water lines that you can access to prevent the heat from escaping before it gets to its destination. ■





Small Changes Can Have a Big Impact

EARTH DAY IS APRIL 22. Celebrate by making an Earth Day "resolution" to change at least one energy-related bad habit at home.

Here are some ideas:

If you haven't already, switch your lamps and overhead light fixtures to LED versions. You can even use LED bulbs in older fixtures.

Turn off the lights when you leave a room and teach your children to do the same. This time-tested advice still applies.

Unplug appliances like the TV and your computer when you're not using them. Appliances that are turned off but still plugged in draw small amounts of electricity.

Take shorter showers. You'll save water and energy.

Plant a tree strategically to create shade over southern-facing windows to protect your home from summer heat, reducing the need for air conditioning.

Switch to a smart thermostat to automatically adjust the temperature for when you're away. ■

Bizarre Bunnies

Unlike wacky jackalopes, very real horned rabbits begot great leaps in medical breakthroughs

BY CLAY COPPEDGE • ILLUSTRATION BY WILLIAM L. BROWN

IN 1915, there appeared in *The Roscoe Times* the story of a horned rabbit that one W.A. Ater said he killed on his ranch just outside the small town, west of Abilene. Ater took the peculiar creature to the newspaper's office to show the skeptics he wasn't lying about the rabbit *or* its horns.

Sure enough, the little rabbit, a cottontail, had horns—and it wasn't the first horned rabbit to be found in Texas that year. The newspaper noted that another horned rabbit had been killed in South Texas, near San Benito, which "leads to the conclusion on the part of local scientists that there is a distinct breed of this species."

While we don't know what kind of scientific community existed in Roscoe in 1915, we can be certain that Ater did indeed kill a horned rabbit. The news reporter described it thusly: "The rabbit which Mr. Ater killed and brought into town had two horns, each about four inches in length. It presented a grotesque appearance, resembling a miniature deer more than it did a genuine rabbit."

Newspapers across the state picked up the story, adding editorial embellishments ranging from curiosity to amusement. An Austin paper snickered, "The discovery of two horned rabbits in Texas leads to the suspicion that there is probably a herd of saber-toothed sheep at large in this section."

Stories of horned rabbits weren't as rare in 1915 as the skeptics supposed. In fact, they've been around about as long as rabbits. Persian texts from the 13th century mention horned rabbits. The Huichol, an Indigenous people of northern Mexico, told of the horned rabbit as a mysterious creature that gave the deer its horns. In 1915 alone, there were more than 150 stories about horned rabbits in newspapers across America. That Roscoe rabbit was no outlier.

The curious folks who gathered in *The Roscoe Times* office to look at Ater's peculiar bunny concluded that the horns were not very formidable weapons, whether for offense or defense, and were left to ponder what they were good for. Naturalists didn't know why some rabbits developed horns.

The answer remained elusive until 1932, when virologist Richard Shope discovered that rabbits sometimes develop "horns" as the result of a virus that creates tumors called fibromas on the skin. The infections probably arise from insect bites on the

head and face, which evolve into what has come to be known as the Shope papillomavirus, giving a rabbit the appearance of having horns.

Rabbits typically have an immune response that gets rid of the virus and growths, but occasionally the growths occur around the mouth, hindering the animal's ability to eat. More importantly, Shope found that rabbits that survived the virus became immune to it. None of the horned rabbits he studied were susceptible to the virus a second time.

Shope passed his research along to Peyton Rous, a friend and colleague in the field of early cancer research, who found that when he injected the virus deep inside rabbits, they died of cancer. This was a big deal—the first time science had linked a cancer to a virus in a mammal.

The discovery opened a new field of cancer research that led to the creation of successful viral cancer therapies, including the human papillomavirus vaccine that protects against cervical and other cancers. Rous' work earned him the Nobel Prize in medicine in 1966.

Around the same time Shope discovered the papillomavirus in rabbits, brothers Douglas and Ralph Herrick got to messing around in a little amateur taxidermy shop on their Wyoming ranch and mounted the antlers of a small deer to the head of a large jackrabbit, creating a comical "jackalope" creature. The boys sold their version of an antlered rabbit to bar owner Roy Ball for \$10, a handsome sum during the Great Depression.

From there the jackalope went on to become the most profitable taxidermy hoax in the world, adorning postcards, T-shirts, barroom and restaurant walls, shot glasses, keychains, and many other kitschy items.

The humble horned rabbit leaves a more noble legacy—helping further cancer research. ■



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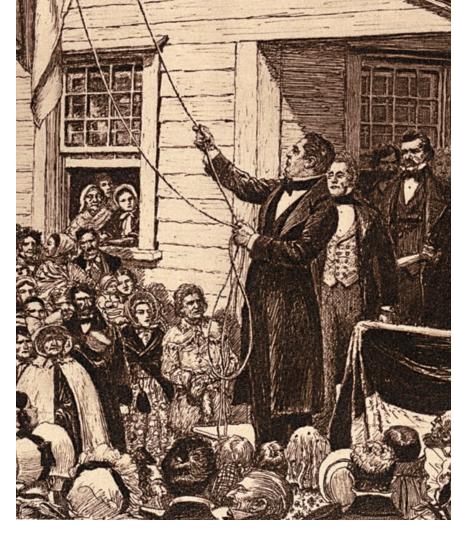
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Republic's End

'Many a manly cheek was wet with tears' when the Texian flag was lowered for the last time

BY W.F. STRONG

IN ABOUT A YEAR and a half—December 29, 2025—we'll mark the 180th year of Texas statehood. That's the day the proudest of Texans would say the U.S. was allowed to join Texas.

The vast majority of Texians—95%—voted for statehood, a level of agreement we haven't enjoyed since. President James Polk signed the joint resolution making Texas a state December 29, 1845, but there was some confusion as to the official moment that the Republic of Texas passed into history and statehood status began.

Anson Jones, president of the republic at that time, said that February 19, 1846, was the actual day that the republic ceased to exist. That day, Anson presided over a ceremony in Austin where the flag of the young but venerable republic was lowered for the last time and the U.S. flag was raised in its place.

You see, Texas couldn't just let President Polk's signing of a document 1,300 miles away be all there was to the moment. They couldn't allow the republic that so many had died for to pass into history without properly memorializing the occasion.

So Jones arranged a ceremony in front of the Texas Capitol, really just a wooden house at that time, to mourn the passing of the republic and to celebrate Texas as the newest (and by far the largest) state in the union.

IIP Listen as W.F. Strong narrates this story on our website.



What was needed here was what linguists call a speech act, a moment in time where something is made real by virtue of pronouncement.

Jones began with "I, as president of the Republic ... am now present to surrender into the hands of those whom the people have chosen, the power and the authority which we have some time held."

Noah Smithwick, a blacksmith in attendance, recorded the moment the Texas flag came down. Here is what transpired in that brief ceremony.

"Many a head was bowed, many a broad chest heaved, and many a manly cheek was wet with tears when that broad field of blue in the center of which, like a signal light, glowed the lone star, emblem of the sovereignty of Texas, was furled and laid away among the relics of the dead republic."

The U.S. flag was raised, and the mood changed dramatically.

"We were most of us natives of the United States, and when the stars and stripes, the flag of our fathers, was run up and catching the breeze unrolled its heaven born colors to the light, cheer after cheer rent the air," Smithwick recalled.

He tended toward that creature still common in Texas—the exceptionally proud Texan. Smithwick thought the star in the lower left corner of the U.S. flag should have been especially dedicated to Texas.

The exchanging of the flags made one statement. Jones made another: "The Republic of Texas is no more." He made it politically true but never absolute because the republic lives on in the minds of Texans who still think of it as their country and their nation.

Perfect Potluck

Dishes so good you'll be tempted to eat them en route

BY VIANNEY RODRIGUEZ, FOOD EDITOR

Iliana de la Vega, esteemed owner of the Austin restaurant El Naranjo, shares her ultimate potluck dish: "Rajas poblanas (poblano strips) is a vegetarian dish that goes beautifully with grilled meats or fish but also with rice and pasta. You can make tacos with it or even use the rajas as a filling for quesadillas and omelets."

Rajas Poblanas

6 poblano chiles, seeds and veins removed

1 tablespoon canola oil

1 white onion, julienned

1 cup crema Mexicana

Salt, to taste Corn tortillas

COOK'S TIP If crema Mexicana is unavailable where you shop, making your own is simple. Combine 1 cup heavy cream, 1 cup sour cream, 1 teaspoon salt and 1 tablespoon lime

- poblanos in a bowl and cover with plastic wrap until cooled enough to handle, about
- high heat. Sauté the onion just until soft; do not brown.

she features a recipe for Mexican Corn Salad.







Perfect Potato Salad

CHERYL LEE CENTRAL TEXAS EC

Lee's potato salad is hearty and tangy, with a hint of freshness from the dill. It was so tasty and good that I'd eat plates of it by itself—no need for any of the brisket, sausage or hot dogs being served.

- 10 small russet potatoes, unpeeled, rinsed and cubed
- 1 cup mayonnaise
- 4 tablespoons mustard
- 1 large onion, finely diced
- 1 tablespoon minced garlic
- 1 tablespoon ground oregano
- 1 teaspoon onion salt
- 1 teaspoon garlic salt
- 8 hard-boiled eggs, cubed
- 1 tablespoon fresh dill for serving
- 1. Place potatoes in a saucepan and cover with water. Bring to a boil, reduce heat and simmer until potatoes are fork tender, about 10 minutes. Drain and allow to cool.
- **2.** In a large bowl, stir together mayonnaise, mustard, onion, garlic, oregano, onion salt and garlic salt. Gently stir in potatoes and eggs.
- 3. Chill until ready to serve.
- 4. Sprinkle with dill before serving.

SERVES 20

MORE RECIPES >



\$500 WINNER

Easy Chicken Spaghetti Casserole DONNA KENNEDY WOOD COUNTY EC



I love this casserole because it's so simple to make. Leftovers heat up great on day two, plus it freezes like a dream! (If there are leftovers of course.) This is serious comfort food.

SERVES 8

2 chicken breasts

3 chicken thighs

1 box spaghetti (16 ounces)

2 tablespoons (1/4 stick) butter

1/2 bell pepper, stem and seeds removed, diced

1 medium onion, diced

1 can cream of chicken soup (10.5 ounces)

1 can cream of celery soup (10.5 ounces)

1 can chicken broth (14.5 ounces)
2 cups shredded mild cheddar cheese

- **1.** Place chicken in a large saucepan, cover with water and simmer until fork tender.
- **2.** Prepare spaghetti according to package directions.
- **3.** In a skillet over medium-high heat, melt butter. Sauté bell pepper and onion until the onion is light and translucent.
- **4.** Shred chicken and mix all ingredients except cheese together in a large bowl.
- **5.** Preheat oven to 400 degrees. Spoon mixture into a 10-by-14-inch baking pan. Bake 15 minutes.
- **6.** Sprinkle cheese on top and bake 10 more minutes or until bubbly.



FOOTBALL FAVORITES DUE APRIL 10 What do the fans of your cooking crave on game day? Send us your recipe by April 10 and you could score big: \$500.





Cold Broccoli Salad

ALEXANDRA DIBRELL CENTRAL TEXAS EC

This is one of the best broccoli salads I've ever had. Why? It's crisp and fresh, with a pop of heat—exactly what I want broccoli salad to be. It's also seriously addictive, thanks to the sweet and tangy combination of fresh lemon juice and rice vinegar.

1 pound fresh broccoli
1/4 cup olive oil
2 tablespoons fresh lemon juice

- 2 tablespoons rice vinegar
 2 teaspoons Dijon mustard
 2 cloves garlic, minced
 1/8 teaspoon salt
 1/8 teaspoon ground black pepper
 1/8 teaspoon red pepper flakes
- **1.** Cut broccoli into bite-size pieces. Steam until tender. Allow to cool, then place in fridge.
- **2.** In a large bowl, stir together olive oil, lemon juice, rice vinegar, mustard, garlic, salt, pepper and red pepper flakes. Place in fridge to chill.
- **3.** When ready to serve, remove bowl from fridge and add broccoli, stir to coat and serve chilled.

SERVES 4

Potluck options abound on our website. After trying all these here, see what else has come out of Co-op Country kitchens. Simply search for a dish or key ingredient.

Don't Leave It All to Luck

BY VIANNEY RODRIGUEZ

Consider whether your contribution will add to high demand for an oven or increase crowding in the kitchen.

If you're not hosting, bring food that travels easily.

Bring the appropriate utensils for your dish: a serving spoon, pair of tongs or ladle. This way dishes won't be double-dipped, and you won't have guests grabbing food with their hands.

Consider the advantages of disposable pans: less mess, no lost casserole dishes and easier cleanup.

Consider the dietary restrictions of other guests.

Remember that beverages will be needed, and this can be your contribution.









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HIT THE ROAD



Carried Treasure

Canton has hosted the World's Largest Flea Market since the 1850s

BY CHET GARNER

THIS DEFINITELY wasn't the shopping trip I expected, I thought, as I loaded an 8-foot-tall Bigfoot sculpture into the back of my truck. I had just finished securing my new (to me) cowhide, vintage street signs and antique chair. I should have brought more tow straps.

This is the experience of visiting the World's Largest Flea Market, which happens every month in the town of Canton, midway between Dallas and Tyler. My legs, wallet and stomach were not prepared.

The tradition goes back to the 1850s when the circuit judge would make his monthly trip to town and the locals would congregate around the courthouse. They started bringing items to swap and sell: a gun for a dog or a cantaloupe for a dozen eggs. Soon a tradition was born that now attracts upwards of 150,000 visitors to First Monday Trade Days (which actually happens the weekend before the first Monday of each month).

As soon as I stepped onto the grounds, I realized that this wasn't a normal swap meet. The official area boasts more than 5,000 vendors across 400 acres. That doesn't even include the dozens (if not hundreds) of merchants who fill the streets and buildings of the town.

I walked from booth to booth, chatting with junkers and thrifters who had brought their special wares in search of the perfect buyer. While there was more than enough vintage "junk," I was surprised at the unique artisans selling incredible handcrafted goods—furniture, décor and even metal tools.

Very soon I had worked up an appetite and stuffed my face with some of the best fair food in Texas, including corny dogs and "upside-down" lemonade. Hey, with all the walking I did, I figured I had earned it. And so I ordered an extra piece of peach pie.

ABOVE The finds for sale at First Monday Trade Days in Canton stretch across 400 acres.

Watch the video on our website and see all his Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details, and check our website for many more upcoming events.

APRIL

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Kerrville Totality at the Ridge, (830) 896-0420, shopsattheridge.com

McKinney Total Eclipse of the Heard, (972) 562-5566, heardmuseum.org

12

Poteet [12–14] Strawberry Festival, 1-888-742-8144, strawberryfestival.com

13

Sealy Spring Fest, (832) 492-4244, sealyhistoricalsociety.org

Waxahachie Cowboy Gathering, (469) 309-4040, waxahachiecowboy.com

Chappell Hill [13–14] Bluebonnet Festival, (979) 836-6033, chappellhill historicalsociety.com

Temple [13–14] Texas State Button Society Spring Show and Sale, texasstatebuttonsociety.com

19

Granbury [19–20] North Texas Gourd Festival, (903) 258-7410, texasgourdsociety.org

Lakeway [19–21] Art Walk, (512) 261-1010, lakewayartsdistrict.com

20

Burton Cotton Gin Festival, (979) 289-3378, texascottonginmuseum.org

Channing Panhandle Children's Foundation Hogs at the Point, (806) 935-5598, talonpoint.org 26

Gun Barrel City [26–27] Quilt Show, (903) 391-3241, gunbarrelquiltersguild.org

Hallettsville [26–28] Texas State Championship Fiddlers Frolics, (361) 798-2311, fiddlersfrolics.com

Ingram [26–27, May 2, 4–5, 10–12] The Explorers' Club, (830) 367-5121, hcaf.com

27

Castroville Alsatian Festival of Texas, castrovilletx.gov

Corsicana Derrick Days, (903) 654-4850, derrickdays.com

Huntsville Gen. Sam Houston Day, (936) 294-1832, samhoustonmemorial museum.com

Lewisville ColorPalooza, (972) 219-3401, visitlewisville.com

Wimberley Pie Social, info@wimwic.org, wimwic.org

28

Bellville Fruehling Saengerfest, (713) 582-2461, bellvillelions.org

MAY

2

New Braunfels Soul Sessions' Tribute to Tina Turner, (830) 627-0808, brauntex.org

4

Brenham [4–5] Maifest, (979) 337-7580, brenhammaifest.com

m Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your July event by May 1, and it just might be featured in this calendar.







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Pollinators

All aflutter, we are humming with anticipation. Photos flew in from every corner of the state, and we managed to alight on a few critters that have crawled their way to the top. No sting of disappointment here, just a swarm of entries that leave us buzzing with excitement.

CURATED BY GRACE FULTZ

1 MARK BONAME JACKSON EC

"It is a rare sight to see hummingbirds feeding on sunflowers, but the drought this year in Texas made these little guys feed on whatever they could find."

2 CINDY VIGIL GVEC

"Gulf fritillary butterflies love this pride of Barbados."

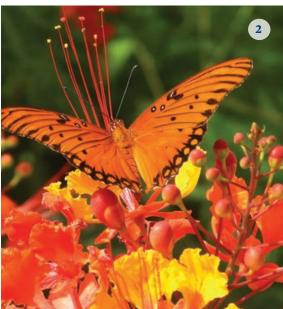
3 SUSAN KNAPP GIBBONS UNITED COOPERATIVE SERVICES

A feeding butterfly.

4 GAIL EINKAUF SAN BERNARD EC

"Taken at Sweet Berry Farm in Marble Falls."





Upcoming Contests

DUE APR 10 Textures
DUE MAY 10 Parenthood

DUE JUN 10 Climbing High

Enter online at TexasCoopPower.com/contests.

See Focus on Texas on our website for more Pollinators photos from readers.







Seedy Behavior

Gardening scavengers stoop low to help native species

BY SHERYL SMITH-RODGERS ILLUSTRATION BY CHANELLE NIBBELINK

COME MID-MAY, I turn into a street walker. Not *that* kind, mind you. Instead, I ply my trade with a green plastic cup and sharp eyes.

"Oh, there you are," hollers James, my husband, who's strolling along Greenlawn Parkway. "I figured I'd find you over here!"

My gaze is fastened on clumps of lazy daisies growing along the street. Among the white-petaled blooms with orange centers, I scan for dried seed heads. Now and then, I spot one. Happily, I lean down, pinch it off, then drop the itsybitsy treasure into my cup.

We walk while I scope out wildflowers that grow along a ditch. Patiently, I'm watching for Texas prairie parsleys, winecups and beeblossoms going to seed. I'll collect some seeds—but not all. I want to admire them again next spring.

I also want to establish them in our yard. Since 2008, we've nurtured Texas native plant gardens at our Blanco home and adjoining meadow, a former vacant lot. Since then, I've expanded into rescuing, preserving and protecting overlooked native species that grow in our neighborhood. I collect seeds whenever I can.

Sometimes I dig up and relocate plants, too. For instance, a next-door neighbor several years ago gave me permission to transplant a yellow passionflower, Texas lespedeza and hoary false goldenaster that grew on her side of the fence, where they were often mowed down. Now the trio grows, unrestrained and lush, in our backyard.

I've also relocated Indian mallow, Texas snoutbean, scarlet pea, narrowleaf blue-eyed grass and Texas frogfruit to our gardens. Roemer's mimosa, too. I love to show kids how their tiny leaves fold up when touched. Magic!

Two regular walkers once rang our doorbell. "What's this?" asked Yalene, while daughter Arden held up a slender branch with yellow flowers. I eyeballed the specimen. Lindheimer's senna? James and I beelined to the easement where they'd found the plant. It was twoleaf senna, a new-to-me species. A few weeks later, I collected seeds from the site, which has since been cleared. Hopefully the seeds will germinate in our meadow, and the twoleaf senna will live on.

Why go to all that trouble? Because I deeply care about these plants. Because they were here long before us. Because they're resilient and adapted to our soils and climate. Because they, unlike most ornamental plants, sustain the pollinators and other wildlife that inhabit this place we call home.

From blunt-leaf rabbit-tobacco to zizotes milkweed, we've welcomed neighborhood natives into our gardens, where I hope they'll be appreciated and perpetuated for years to come. So call me a renegade. Or call me a tree hugger. I'll answer to either one and make no excuses.

I'm a street walker on a mission in a green-light district. ■



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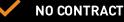
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