

AGGIES' 12TH MAN  
TURNS 100

SATISFYING  
SOUPS AND STEWS

WINDOW SHOPPING  
AT PRADA MARFA

# Texas Coop Power

FOR CECA MEMBERS

JANUARY 2022

## In the Care of Canines

How rescue dogs  
are learning  
to help people



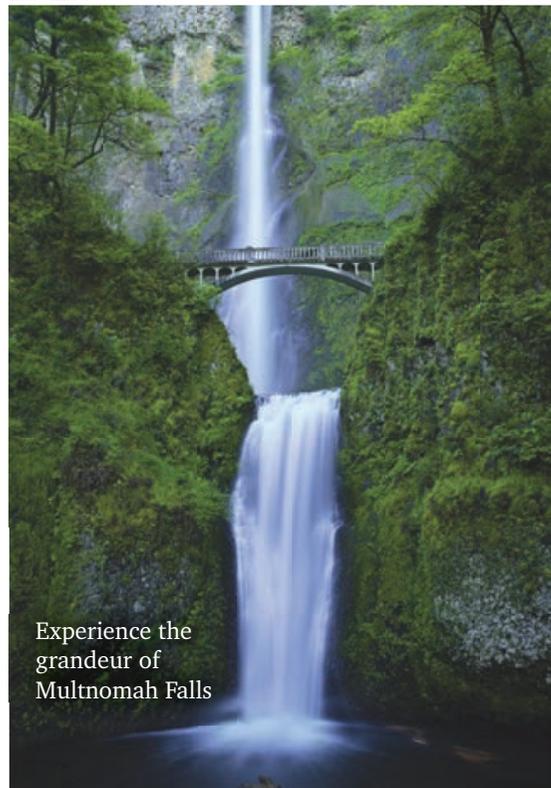


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# January 2022



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A Texas organization trains rescue dogs to help people overcome challenges.

*Story and photos by Laura Jenkins*

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*By Rhonda Reinhart*

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#### ON THE COVER

Peter Slush, a firefighter and paramedic with Bexar County District 7 Fire & Rescue, shares affection with Rudy.  
*Photo by Laura Jenkins*

#### ABOVE

Members of the 12th Man on the sidelines in the 1980s.  
*Cushing Memorial Library | Courtesy TAMU Press*

# High Alert

**DON'T SAY THEY** didn't warn you.

It's long been known that rattlesnakes rattle their tails to alert aggressors or distract prey. But researchers recently reported in *Current Biology* that when a perceived enemy ignores the initial warning, the snakes switch from a low- to a high-frequency rattle to give the impression they are much closer than they actually are. When the initial slow, steady rattling rate of 12 hertz is ignored, rattlers will dial it up to as high as 100 hertz.



**TCP** Listen to a rattler's rattle with this story online.

## FINISH THIS SENTENCE THIS YEAR, I'M FINALLY GOING TO ...

**TCP** Tell us how you would finish that sentence. Email your short responses to [letters@TexasCoopPower.com](mailto:letters@TexasCoopPower.com) or comment on our Facebook post. Include your co-op and town. Below are some of the responses to our November prompt: **A Texan Would Never ...**

Squat with their spurs on.

**JULIE BAKER**  
BLUEBONNET EC  
CALDWELL

Pick a bluebonnet.

**TRACEY POWELL**  
TRI-COUNTY EC  
ALEDO

Miss a chance to brag about Texas (and rightly so).

**DONNA FALDYN**  
VIA FACEBOOK

Turn down barbecue.

**THELMA BEASLE**  
LIGHTHOUSE EC  
MEMPHIS

Ask someone else to finish their sentence.

**JAY GEIS**  
HEART OF TEXAS EC  
MOFFAT

To see more responses, read Currents online.

## A COLD, HARD FACT

A fridge made 30 years ago uses almost four times as much electricity as a modern one.

# 66

distribution co-ops operate in Texas, from as far north as North Plains EC in Perryton and as far south as Magic Valley EC in Mercedes, and as far west as Rio Grande EC in Dell City and as far east as Jasper-Newton EC in Kirbyville. Co-ops power most of the state's landmass.



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Feathered Friends

### RECOMMENDED READING

*Where Birders Perch* from April 2018 took readers to the World Birding Center, which spans nine sites in the Rio Grande Valley with ideal photographing opportunities.



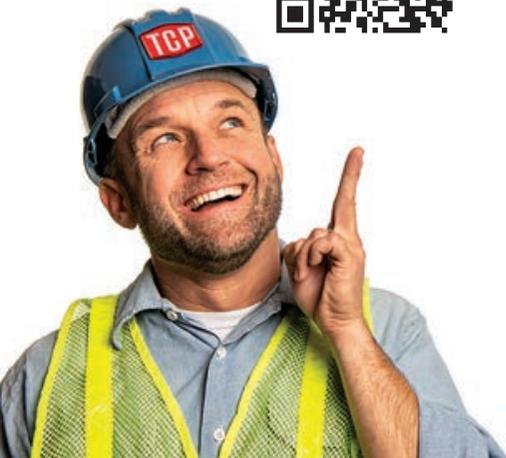
## What's New, Chet?

TCP's website! The redesigned TexasCoopPower.com is easier to use and more mobile-friendly. Check out the latest in travel, history, recipes and personalities. Point your smartphone at the code below—and throughout the magazine—to get there pronto.



# A Farsighted Mission

**MOST ASTRONAUTS** who spend at least a month in space return to Earth with impaired vision. And as NASA gears up for an eventual mission to Mars, which would require astronauts to spend at least 1½ years in space, the agency is turning to the Texas A&M University College of Medicine to study the effect of long-term spaceflight on the eyes and on the arteries, veins and lymphatic vessels that serve them and maintain vision.





DAVID MOORE

Dad's Service Station

"I too changed lots of tires and melted lots of hot patches on tires at Red's service station on the side of the hill."

EDDIE BOLCH  
BRYAN TEXAS UTILITIES  
BRYAN

The Tormenting Cries

I am thankful that Mary Ann Goodnight had a kind heart for animals [Last of Their Kind, November 2021]. It must have been tormenting to hear the cries of the bison calves whose mothers were slaughtered for their hides.

The U.S. government came up with the idea of killing off the bison to subjugate the Indians, and what a slaughter of immense proportions the idea produced.

The bison are as much a part of Texas' and this country's heritage as any other living thing. They have earned their right to survive.

Roberta McLaughlin  
Heart of Texas EC  
Lorena

My mom made meringue where it had little sugar tears [The Alchemy of Egg Whites, November 2021]. I could never get it right. She baked it on top of banana pudding. Fond memories.

LETA MASSEY  
VIA FACEBOOK



EARL NOTTINGHAM | TPWD

Our Old House

I wanted to let you know how much I enjoyed Sheryl Smith-Rodgers' article on the Bendele family house [Not About To Fixate, October 2021]. My kids all got a kick out of remembering the details you wrote about. It made us all smile.

Kathy Bendele  
Pedernales EC  
Hye

Agree—we don't need to make everything new and shiny.

Roberta Dunn Dobie  
Via Facebook

Meaningful Learning

I enjoyed the article about the Comstock high school kids doing research on Indigenous rock art with the Shumla Archaeological Research and Education Center [Learning Rocks, October 2021]. It sounds like a great way to engage kids in meaningful learning.

Felicity Hannay  
Central Texas EC  
Golden, Colorado

**TCP WRITE TO US**  
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Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

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# The Invention of the Year

## The world's lightest and most portable mobility device

*Once in a lifetime, a product comes along that truly moves people. Introducing the future of battery-powered personal transportation . . . The Zinger.*

Throughout the ages, there have been many important advances in mobility. Canes, walkers, rollators, and scooters were created to help people with mobility issues get around and retain their independence. Lately, however, there haven't been any new improvements to these existing products or developments in this field. Until now. Recently, an innovative design engineer who's developed one of the world's most popular products created a completely new breakthrough . . . a personal electric vehicle. It's called the **Zinger**, and there is nothing out there quite like it.

---

***"What my wife especially loves is it gives her back feelings of safety and independence which has given a real boost to her confidence and happiness! Thank You!"***

***—Kent C., California***

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The first thing you'll notice about the **Zinger** is its unique look. It doesn't look like a scooter. Its sleek, lightweight yet durable frame is made with aircraft grade aluminum. It weighs only 47.2 lbs but can handle a passenger that's up to 275 lbs! It features one-touch



Available in Green, Black (shown) and Blue



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folding and unfolding – when folded it can be wheeled around like a suitcase and fits easily into a backseat or trunk. Then, there are the steering levers. They enable the **Zinger** to move forward, backward, turn on a dime and even pull right up to a table or desk. With its compact yet powerful motor it can go up to 6 miles an hour and its rechargeable battery can go up to 8 miles on a single charge. With its low center of gravity and inflatable tires it can handle rugged terrain and is virtually tip-proof. Think about it, you can take your **Zinger** almost anywhere, so you don't have to let mobility issues rule your life.

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POWER OF OUR PEOPLE

# Furred Responders

A Texas organization trains rescue dogs to help people overcome challenges



FROM TOP Trainees at Service Dogs Inc. near Dripping Springs. First responders with Bexar County District 7 Fire & Rescue with Rudy. OPPOSITE PAGE, FROM TOP Sheri Soltes, president and founder of Service Dogs, with Poppy, a trainee. Austin Meredith, a senior computer science student at the University of Houston-Clear Lake, and his service dog, Peaches, live on campus.



STORY AND PHOTOS BY LAURA JENKINS

**T**he room was grim and silent, save for the rustling of papers. Lady, Rudy and Chanel—two yellow Labs and a golden retriever mix—slipped in as police officers studied security camera footage, surveying the aftermath of the shooting that left 23 people dead at an El Paso Walmart in 2019. The dogs knew what to do.

“Lady started making herself known to those who were going through security footage,” says Frankie Trifilio, Lady’s handler and one of three emergency medical services managers who flew to El Paso with the dogs from Methodist Healthcare in San Antonio to support first responders. “When Lady rolled on her back, a tall, muscular guy who looked like a member of a SWAT team asked me, ‘What is she doing?’

“I said, ‘She’s making herself available. She likes belly rubs.’”

The officer went back to what he was doing. But within a matter of minutes, he succumbed.

“He knelt down and started rubbing her belly, saying, ‘Oh come here. Who’s a good girl? Who’s a good girl?’” says Trifilio. “That was the catalyst for others to interact with the dogs, and suddenly everything came alive. Everyone started talking. There was laughter. When we left, people were communicating and collaborating. I can only speculate that it helped with the investigation. But I know firsthand that it helped those officers personally and emotionally.”

Providing trained dogs for people in need is nothing new to Sheri Soltes, founder and president of Service Dogs Inc., the organization that trained and placed Lady, Rudy and Chanel. An attorney by trade, Soltes was headlong into a successful career more than 30 years ago when she realized that the stress of the job was taking a toll on her health. She was living in Houston when she started thinking about a career change. At the time she had no idea what was next.

“One day I was at the eye doctor and picked up a maga-



zine that had an article about dogs helping people with disabilities,” says Soltes. “At the end it said that some of the groups used dogs from animal shelters, and that appealed to me because I’ve always been drawn to animals, especially those in need.”

Soltes saved the article and contacted organizations mentioned to find information that would help her build a nonprofit. She conducted a survey in Houston to see how many hearing-impaired people might be interested in a hearing dog; 75% answered affirmatively. Then she found a local dog trainer who agreed to visit shelters with her and help her find dogs best suited for service.

What began in 1988 as a home-based, one-dog-at-a-time endeavor has grown into a 6-acre campus near Dripping Springs, complete with a training facility, kennel and devoted team of trainers and caregivers. Even though SDI, a member of Pedernales Electric Cooperative, has placed more than 750 assistance dogs over the years, the operation is no assembly line. Soltes says they’ve developed an “artisan” approach to training because they select, train and match dogs to meet each client’s specific needs.

RIGHT Methodist Healthcare EMS relations managers and their dogs. BELOW Becky Kier, a former trainer at SDI, leaves the Humane Society of the New Braunfels Area with Lily, who is now in hearing dog training.

**I**t might seem like any dog could be trained to mitigate any disability, but Becky Kier, former director of training at SDI, explains that when it comes to assistance dogs, one size definitely does not fit all.

“What they all have in common,” says Kier, “is that they’re all super sociable, obedient and have really good temperaments as far as loving and accepting all humans and animals. They’re not rattled by anything. But beyond that it comes down to the disposition of each individual dog. A hearing dog, for example, must take cues from the environment. We teach them what to do at first, but at some point, they have to take ownership of that.”

Kier says guide dogs for the visually impaired are hardest to find because they must be obedient and proactive without a lot of redirection. Even though SDI does not train animals to serve people with visual impairments, it does get a lot of “career-change” dogs from Guide Dogs for the Blind, the largest guide dog school in North America. Career-change dogs can have an excellent temperament, but they can also have qualities and traits that disqualify them from guide dog service.

“One of our recent graduates, Sensi, was released from GDB for not liking to work in the rain,” says Kier. “She didn’t want to guide through puddles. But she’s an ideal hearing dog.” Kier notes other examples of career-change dogs, such as Artist, who needed more supervision in the home than a blind person could provide, and Tootsie, who didn’t like the guide harness. “Dogs have idiosyncrasies just like people do,” she says.

Before the partnership with GDB provided career-change animals, all of SDI’s dogs came from rescue organizations. Many still do. For more than three decades, Soltes and her team have been searching animal shelters, offering a life of love and service to abandoned and unwanted dogs. Kier found Sherlock, a terrier mix, on a routine visit to the Humane Society of Central Texas. After his training, he was partnered with Megan Harris of Austin, who’s had a hearing impairment since she was 15 months old.

“Before he entered my life, I didn’t feel comfortable being left at home by myself,” says Harris, who has been partnered with Sherlock for more than eight years. “Anybody could enter the house at any moment, and I wouldn’t hear them. I worried about hearing smoke alarms, the doorbell and timers. Once Sherlock became my hearing dog, I felt more relaxed and at ease at home and in public.”

In the beginning Soltes was focused solely on the need for hearing dogs. But before long others began asking if she could train dogs to meet other specific needs, and SDI expanded its programs.



LEFT Patty Maginnis, a district court judge in Montgomery County, with Sumi, who provides victim support in the courtroom. BELOW Sherlock has been assisting Megan Harris of Austin for eight years.



“A couple of years into it, a young man who had become paralyzed from the shoulders down asked if we could train a service dog for him,” says Soltes. “Another woman with paraplegia did too. We weren’t sure, so we did two as a test run, and it was successful.”

Soltes thrives on the challenge of innovating new programs to meet the needs of those who seek help.

“A few years ago, we were at a Texas Medical Association conference in Houston and a battalion chief said to me, ‘Our suicide rate is approaching that of veterans. Can you help us?’” Soltes says. “I took that information, did some research, and we created a program that provides dogs to support first responders.”

Lady, Rudy and Chanel are a result of that initiative.

Soltes says it takes approximately \$50,000 to adopt, train and provide lifelong follow-ups for one dog. Despite that cost, SDI provides each one at no cost beyond nominal application fees and personal travel expenses. They rely on donors, sponsors, grants and fundraisers to operate. But Glenda Ann Kea says you can’t put a price tag on the profound difference SDI is making in the lives of Texans with disabilities. When her systemic lupus became debilitating, she got so depressed she stayed in bed for nearly two years.

“At that time the doctors were prescribing me tons of narcotics because I was in so much pain,” says Kea, who lives in Allen, north of Dallas. “I couldn’t get up on my own and I didn’t want to. I didn’t see the point. If I dropped something, my day was over because there was nobody there to help me pick it up. Seriously, I wanted to die.

“But when I got DaVinci, I had to brush him and feed him, so I’m moving and breathing and going outside, even if it’s only my backyard. When I’m in my bedroom, he can hear if something drops on the tile. He’ll get up, come in here and look at me like, ‘Do you need me to get that?’ Now I genuinely want to get up every day. In a very real sense, DaVinci saved my life.” ■

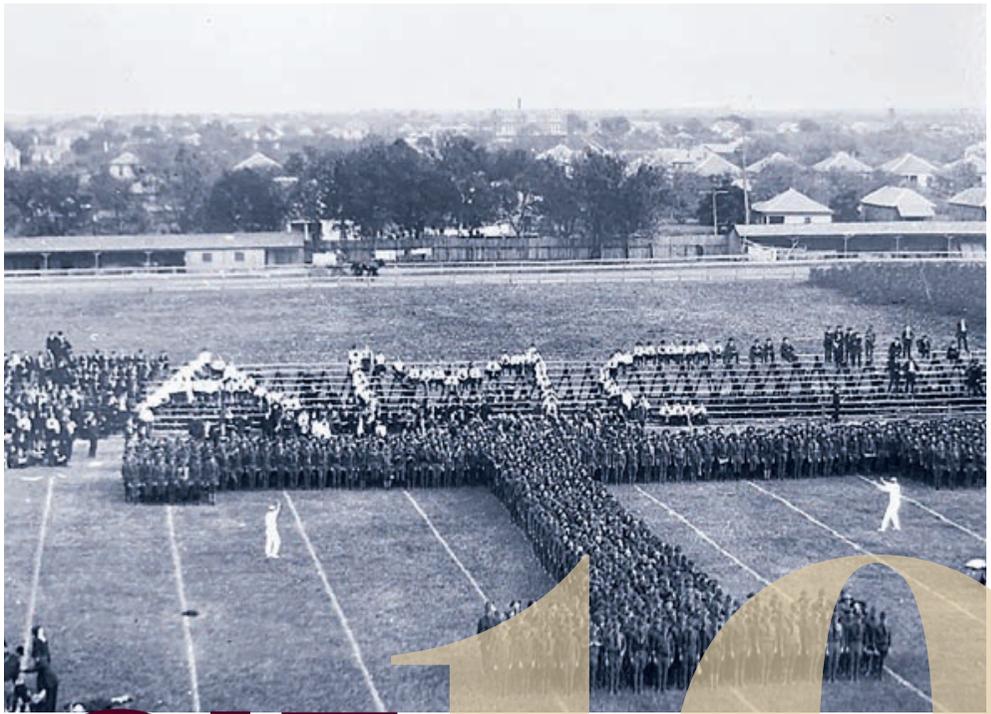


#### HOW TO HELP

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#### TCP POWER OF OUR PEOPLE

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# AGGIE 10 STANDOUTS

BY RHONDA REINHART

**T**here are long shots—and then there are long shots. On January 2, 1922, at the inaugural Dixie Classic bowl game in Dallas, few fans thought the Texas A&M University football team had even a sliver of a chance at victory. The Aggies’ opponents, after all, were the top-ranked Praying Colonels from Centre College in Danville, Kentucky. Centre included three All-Americans and had just knocked previously unbeaten Harvard out of the No. 1 national ranking.

The outlook was grim for the Aggies. “We were absolutely the unmitigated underdog,” says author and historian John Adams, a member of A&M’s class of 1973. “The papers all had A&M losing 40 to nothing, 30 to nothing, 20 to nothing.”

Then came the bumps, bruises and fractures. A&M’s captain and quarterback, Heine Weir, broke his leg on the third play of the game, and that started a domino effect of injuries, including at least one concussion. “At that time—and I think it’s still a rule—if you can’t have 11 players out there, you have to forfeit the game,” says Adams, a Bluebonnet Electric Cooperative member. “So it’s getting close to halftime, and they have 11 players, but they’ve got five of them that are injured.”

What happens next is the stuff of legend and the beginning of one of Texas A&M’s most revered traditions. With things looking bleak, Aggies coach Dana X. Bible remembered a kid named E. King Gill, class of 1924.

Though Gill was a member of the football team, he wasn’t

part of the squad traveling to the bowl game. He did, however, hitchhike from College Station to Dallas to see his buddies play at Fair Park, and he was up in the press box helping Waco sports writer Jinx Turner identify players on the field. But as the number of injured players quickly swelled, Bible had other ideas for the unsuspecting sophomore.

“All of a sudden, the coach turns and looks at the press box and waves at Gill,” Adams says. “So he comes out of the press box during halftime, goes under the stands—there’s no dressing room—and changes clothes with Heine Weir, the guy who broke his leg, and puts on his uniform. Gill comes out and stands on the sideline ready to go play. And then, little did they know, there is the beginning of the 12th Man.”

In Adams’ newest book—*Standing Ready: The Golden Era of Texas Aggie Football and the Beginning of the 12th Man Tradition*, published in December by Texas A&M University Press—he recounts the tale of the history-making bowl game, which was replaced by the Cotton Bowl Classic. Along with historical photos and little-known details from the game, *Standing Ready* features interviews with most of the major figures involved in the 1922 outing, including the bowl game’s founder, Joe Utay, class of 1908 and captain of the 1907 A&M football team, as well as Gill himself. “I spent five years working on this book, but I’ve been interviewing these guys for over 40 years,” Adams says. He interviewed Utay and Gill in the mid-1970s, before Gill died in 1976 and Utay in 1977.



OPPOSITE The block Aggie T formed at halftime by the Corps of Cadets at Kyle Field in 1920. LEFT E. King Gill, the original 12th Man. BELOW The Aggies make a goal-line stand in the 1922 Dixie Classic.



## TEXAS A&M'S 12TH MAN TRADITION, A SPIRIT THAT 'ENGULFS YOU,' TURNS 100

One hundred years later, in honor of Gill and his willingness to stand up for his team, the A&M student section stands for the entirety of every football and basketball game. And what a student section it is. At every home game at Kyle Field, an average of 38,000 students decked out in maroon and white stand ready, cheering for their team and waving white flags emblazoned with "12th Man." A&M set an NCAA record for largest student section attendance in 2014 when 40,032 students watched the Aggies play Ole Miss.

Annie McGinnis, class of 2017 and director of communications at Tri-County Electric Cooperative, has attended A&M football games since she was a child. "I was born on Thanksgiving Day, so rumor has it I watched the first Aggie game with my dad the day I was born," she says. Her father, David McGinnis, class of 1990 and general manager and CEO at Grayson-Collin Electric Cooperative, confirms the tale. "She came at lunchtime, like 11-ish in the morning," David McGinnis says. "We played TCU that year, and she and I watched that game while Mom slept, sitting in the hospital."

Annie McGinnis describes the A&M student section as having a "spirit that pretty much engulfs you" and says that any potential discomfort from standing for four hours is no issue for Aggie fans. "There's so much adrenaline and camaraderie amongst the students who are standing with the 12th Man that you don't even think about your feet hurting because you're standing on wobbly bleachers," she says.

Cameron Smallwood, class of 1996 and CEO and general



Aggies captain Heine Weir, left, whose injury paved the way for the 12th Man, with coach Dana X. Bible.



LEFT The first A&M football team, organized in the fall of 1894. BELOW A letter from President Ronald Reagan to coach Jackie Sherrill recognizes the 12th Man.

**TCP WEB EXTRA** Enter online to win a copy of *Standing Ready: The Golden Era of Texas Aggie Football and the Beginning of the 12th Man Tradition*.

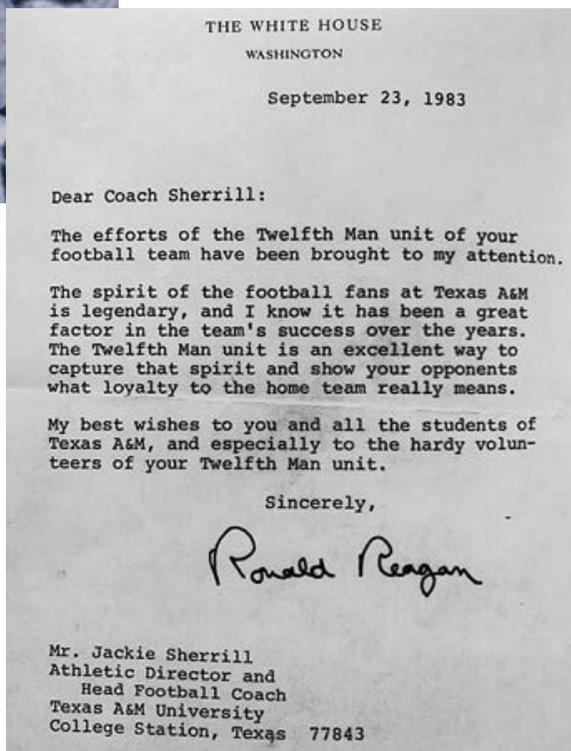


manager at United Cooperative Services, attended games as a student and has held season tickets for football and basketball games for many years since. “It’s like being part of a big family there cheering on the team,” he says. He likens the student spirit at A&M—and that eagerness to pitch in when needed—to working with an electric cooperative. “It’s a job with purpose,” he says, “so it fits our training pretty well.”

Like the McGinnises and Smallwood—and so many students before and after them—Gill never had to go on the field that winter day in 1922. The team didn’t need him to play after all. In fact, the banged-up country boys from College Station went on to win 22-14, accomplishing one of the biggest upsets college football has ever seen. The game made newspapers nationwide and, by Adams’ estimation, put Texas football—and Texas sports in general—on the map.

“It put a spotlight on sports in the state of Texas. That’s what the Dixie Classic did,” Adams says. “There had been some great SMU teams during that time. There had been some good TCU teams. University of Texas had a good team in 1919. But none of them got any attention—no All-Americans, no recognition, no ranking.”

While attention and accolades are, of course, welcomed with open arms, those aren’t what propel Aggie students to show up on game day, 12th Man towels in hand, and stand for their team. Gill, a longtime Corpus Christi physician, possibly said it best. In a 1964 campus speech, without even



a whiff of self-aggrandizement, he talked about that day at Fair Park and his role as the original 12th Man: “I’ve never thought that the 12th Man really belonged to a personality. It belongs to the A&M student body,” he said. “And every one of you can be a 12th Man. You stand up—stand up for what’s right and be ready to serve.” ■

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**Limited Reserves.** You could pay nearly \$1,900 for a steel, fixed blade knife with a gemstone handle, but why would you when you can enjoy the superb craftsmanship of the *Sedona Knife* for only **\$99**. Don't let this beauty slip through your fingers. Call today!

**Sedona Knife \$179\***

Offer Code Price Only **\$99** + S&P **Save \$80**

## 1-800-333-2045

Your Insider Offer Code: **SEK203-02**

You must use the insider offer code to get our special price.

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14101 Southcross Drive W., Ste 155, Dept. SEK203-02  
Burnsville, Minnesota 55337 [www.stauer.com](http://www.stauer.com)

\*Discount is only for customers who use the offer code versus the listed original Stauer.com price.

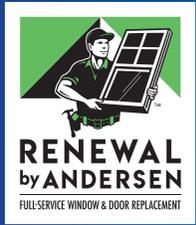


Rating of A+

California residents please call 1-800-333-2045 regarding Proposition 65 regulations before purchasing this product.

- 5" etched stainless steel blade; 9 1/2" overall length
- Turquoise-colored handle with accent stones including coral, marble, sandstone, tiger's eye, jasper and sunstone
- Leather pouch included

Stauer... *Afford the Extraordinary.*®



# Goodbye 2021 Window & Patio Door Event



• With all that 2021 threw at us, we're happy to see it go **and give you a HUGE discount!**

• **We'll give you a price that's good for a year.** While visiting your home we'll talk about all your options and give you an honest and exact price quote. We'll never try to talk you into windows you don't need.

• Our Fibrex® composite material is so strong **we're able to build thinner frames with a greater glass area** that allows more natural light into your home.

• **We eliminate the middleman** and manage your entire project—from selling and building the windows to the installation and warranty.



**RENEWAL**  
by **ANDERSEN**  
FULL-SERVICE WINDOW & DOOR REPLACEMENT

**Call for your FREE  
Window and Door  
Diagnosis**

[TopWindowSolution.com](http://TopWindowSolution.com)

**Goodbye 2021 Event  
ends January 31<sup>st</sup>!**

**Buy 1 window or door,  
get 1 window or door**

**40% OFF<sup>1</sup>**

★★★★★ **and** ★★★★★

**NO** Money  
Down

**NO** Payments

**NO** Interest

**for 1 year!<sup>2</sup>**



Austin **512-298-1858**

Dallas/  
Fort Worth **469-606-5229**

San Antonio **210-961-9990**

<sup>1</sup>Subject to availability, on a total purchase of 4 or more, buy 2 windows or doors, get the second 2 windows or doors, of equal or lesser value, 40% off – applied to lowest priced window and/or door products in purchase. Initial contact for a free Window and Door Diagnosis must be made and documented on or before 1/31/22, with the appointment then occurring no more than 10 days after the initial contact. <sup>2</sup>No payments and deferred interest for 12 months available from third-party lenders to well qualified buyers on approved credit only. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Products are marketed, sold and installed (but not manufactured) by Renewal by Andersen retailers, which are independently owned and operated under Central Texas Windows & Doors LLC, d/b/a Renewal by Andersen of Austin and San Antonio. North Texas Windows & Doors LLC, d/b/a Renewal by Andersen of Dallas/Fort Worth and West Texas. See complete information and entity identification at [www.rbaguidelines.com](http://www.rbaguidelines.com). ©2022 Andersen Corporation. ©2022 Lead Surge LLC. All rights reserved.



MESSAGE  
FROM  
GENERAL  
MANAGER

ALAN  
LESLEY

## Resolve To Get Involved

WITH THE FLIP of a calendar and the stroke of a clock, a new year is here. The fresh start is a prime opportunity to reflect and assess—to take stock of the year that’s just wrapped up and consider changes for 2022.

Perhaps you have an annual ritual, as I do, of building on those reflections by setting a resolution or two. Some of my mainstays include reminding myself to practice gratitude and express empathy, spend more time with the people I love, and of course, eat more fruits and veggies.

In addition to improving the quality of your life and your health, resolutions can help you make the most of your membership with CECA. Here are a few to consider.

**Attend the annual meeting.** In person or not, this is one of the best ways to learn about important co-op news and updates and offers an uncommon opportunity to connect with your neighbors who staff the co-op. They’re community members just like you.

**Vote.** While you’re at the annual meeting, exercise your Democratic Member Control, one of the Seven Cooperative Principles, by voting to elect directors. Since our board guides the co-op’s development, your participation in the election affects the plans and trajectory of the organization. Have your say.

**Contribute to Operation Round Up.** Of all the ways CECA seeks to support the community, Operation Round Up is especially close to my heart because it enlists the generosity and compassion of our members. Those who volunteer to round up their bills to the next dollar provide meaningful support to food banks, volunteer fire departments and community members in need.

Maybe you’re already doing some of these things, or maybe you’ve thought about them and said to yourself, “I should do that,” then went on about your daily routine, as we often do. Best-laid plans, as they say. But there’s no better time than the beginning of the year to turn over a new leaf.

You might find branching out and engaging with your co-op more fulfilling than you anticipated—a small way to make your 2022 a little happier and healthier. ■



### MARK YOUR CALENDAR

**New Year's Day**  
Saturday,  
January 1

Our offices will  
be closed Friday,  
December 31,  
for the holiday.

**Martin Luther  
King Jr. Day**  
Monday,  
January 17

**Holocaust  
Remembrance Day**  
Thursday,  
January 27

LIFESTYLEVISUALS | ISTOCK.COM

# Be Smart With Your Generator

Portable generators are a godsend during a prolonged electrical outage—just be sure to use extreme caution while operating them.

**Never try** to power your home by plugging the generator into a wall outlet. This dangerous practice, known as backfeeding, reverses the electricity flow and sends it out of your house, endangering electric workers and your neighbors. If you must connect the generator to the house wiring, have a qualified electrician do it.

**Plug appliances** directly into the generator or use an extension cord that is rated (in watts or amps) at least equal to the sum of the connected appliance loads. Check that the entire cord is free of damage and that the plug has all its prongs.

**Keep the generator** dry and do not use it indoors, in a garage, near open doors or windows, or in rainy or wet conditions.

**CECA encourages you to always practice safety.**



## Comanche Electric Cooperative

Your Touchstone Energy Cooperative   
The power of human connections

### CONTACT US

349 Industrial Blvd.  
Comanche, TX 76442  
**Toll-Free** 1-800-915-2533  
**Web** ceca.coop

### General Manager

Alan Lesley

### Board of Directors

Randy Denning, District 1  
Pete McDougal, District 2  
Ruby Solomon, District 3  
Monty Carlisle, District 4  
Troy Stewart, District 5  
Loren Stroebel, District 6  
Phil Taylor, District 7

## 24/7

## Outage Hotline

CECA crews are available 24/7 in the event of a power quality issue.

**TOLL-FREE**  
800-915-2533

### ABOUT CECA

CECA operates in Brown, Callahan, Comanche, Eastland, Mills, Shackelford and Stephens counties.

### OFFICE LOCATIONS

#### Headquarters

349 Industrial Blvd  
Comanche, TX 76442  
Monday through Friday  
7:30 a.m. to 4:30 p.m.

#### Early

1801 CR 338  
Early, TX 76801  
Monday, Wednesday and Friday,  
7:30 a.m. to 4:30 p.m.  
Closed from 1 to 2 p.m.

#### Eastland

1311 W. Main St.  
Eastland, TX 76448  
Tuesday and Thursday  
8 a.m. to 4 p.m.

### VISIT US ONLINE

ceca.coop



Check us out at  
[TexasCoopPower.com/comanche](https://TexasCoopPower.com/comanche)



Marla Paulk accepts the Roku TV she and Ande Paulk won in the door prize drawing.



Taletta Melot accepts the Roku TV she won in the door prize drawing. The TV was donated by Texas Electric Cooperatives.



Francisco Lopez and Gabriel Martinez hold a meter lamp won by Lopez and his wife, Juana. The lamp was donated by Texas Electric Cooperatives.

# Your Co-op Appreciates Its Members

**CECA HOSTED** a member appreciation event October 11–15, when the co-op welcomed 425 members plus their guests to our offices in Comanche, Early and Eastland.

Office doors and drive-thru windows opened at our normal business hours, staffed by employees ready to greet attendees with a free gift and help them register for door prizes. Registration cards for the event were mailed with the October issue of Texas Coop Power, with cards available on-site as well.

With no other nominations from either District 1 or 7, or nominations by petition, Randy Denning and Phil Taylor will continue to serve on the board of directors for another term. Denning will continue to represent members in District 1, and Taylor will serve residents in District 7.

Door prizes this year included two TVs, a meter lamp and five \$50 gift cards. ■

## Door Prize Winners

<b>Ande and Marla Paulk</b>	55-inch TV
<b>Taletta Melot</b>	50-inch TV
<b>Francisco and Juana Lopez</b>	Meter lamp
<b>George Wall</b>	\$50 gift card
<b>Darwin Modgling</b>	\$50 gift card
<b>Kenneth Sears</b>	\$50 gift card
<b>Jesse Speer</b>	\$50 gift card

# Employees Reach Service Milestones



**Jim Lester**  
25 Years

Lester began his career at CECA in 1996 in the engineering department as a staking technician. He has since served as the supervisor of engineering and dispatcher/system operator. Lester currently serves as the co-op's mapping supervisor. He and his wife of 37 years reside in the Energy community and are members of the Energy Volunteer Fire Department, where he serves as fire chief. The couple are the proud parents of three adult children and have two grandchildren. Lester enjoys spending time with them, camping and anything outdoors.



**Chad Newman**  
20 Years

Newman has spent his 20-year career with CECA as a grounds maintenance employee. It's thanks to him that our office grounds are perpetually clean. Newman has been a member of East Side Baptist Church his entire life. Most of his free time is spent attending events of his niece and nephew. Newman loves his job with CECA as well as his community.



**Kendall Keith**  
25 Years

Keith has spent the majority of his 25-year career with CECA as a first-class lineman. He and his wife, Tonya, live in the Beattie community and have two children, Beau and Kamber. They are also the proud grandparents of Rhomii and Oden, who command control of their hearts. Keith enjoys the outdoors and designing and creating things.



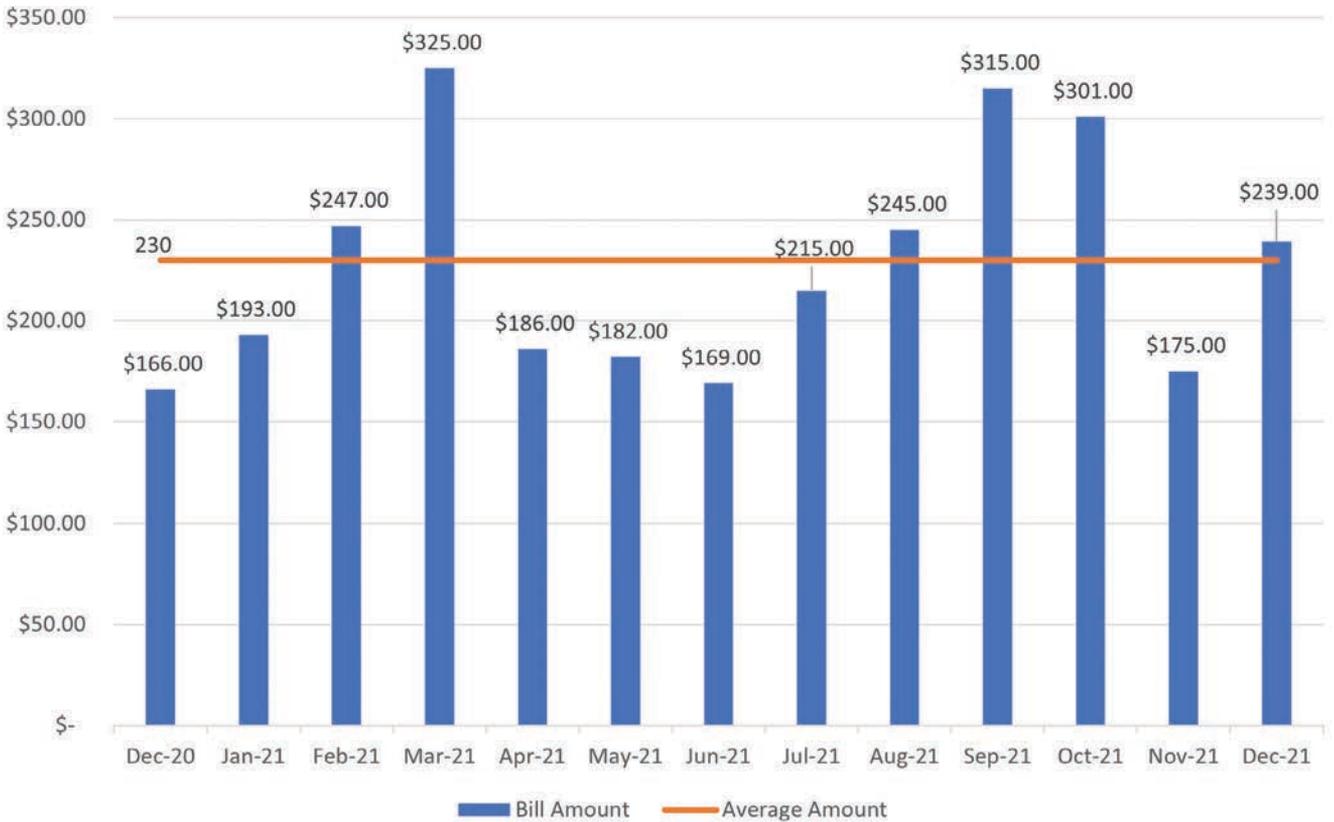
**Chad Foreman**  
15 Years

Foreman joined CECA in 2006 as a PC support analyst/specialist and is now the director of information technology. Foreman lives with his wife, Jenny, and their two children, Hyson and Allegra, in Stephenville. Foreman enjoys watching his kids play sports and spending time with family and friends.



**Mirna Hernandez**  
5 Years

Hernandez has been with CECA for five years and works in the Early and Eastland offices. She and her husband, Valentino, live in Brownwood. Hernandez enjoys relaxing on their boat and spending time with her family.



The blue columns show the true monthly bills and the orange line shows the average, budget bill payment amount. With this graph, you can see how the budget bill amount helps levelize those monthly payments.

## Budget Billing Keeps Bills Consistent

**PLANNING OUT YOUR** monthly budget is a tedious task that can be made even more difficult when balancing a fluctuating electric bill. Two factors affect this fluctuation: energy costs and usage.

Energy costs change throughout the year but generally have a smaller impact on your bill than usage. Weather is often the largest contributor to bill fluctuations caused by usage spikes—most consumers experience higher bills in the summer and winter, when energy use peaks, and bills that dip in fall and spring, when the weather is typically milder.

CECA strives to continually find ways to make life easier in the rural areas we serve, and one option we offer members is to average out their bills with budget billing.

Budget billing is designed to help you budget for your electric bill, even through those high usage months. You pay a fixed amount January–November based on your 12-month billing history with CECA. We reevaluate the fixed amount at least twice a year to ensure you are on track for the end of the year. The December bill will be your true-up bill, meaning you pay the actual balance on the account.

In the example on the next page, there are two different scenarios for a November bill, one as an underpayment and one as an overpayment. The amount in red is the actual balance to

date. The balance is the difference between the total of your actual bills and the budget billing amount paid to date.

That same account is updated for the December bill, or the true-up bill. Notice you’re now paying the remaining balance and the current month’s bill. But in the overpayment example the remaining credit is applied to the current bill, leaving a much smaller true-up balance due.

Our goal is to levelize your monthly payments as much as we can. As the end of the year approaches, keep an eye on the previous account or credit balance. If you find yourself with a high remaining balance, you may need to start paying a little more monthly than the budgeted amount to help lower it. You can also call CECA to speak with one of our customer service representatives, who can guide you through the process any time of the year to ensure you’re on track for December.

We do recommend starting budget billing as early in the year as possible—allowing more months and maximizing the averaging process’s effectiveness. Your CECA account must also be in good standing to begin budget billing as well as to continue using the program.

If you would like to see if budget billing is a good fit for you, give us a call at 1-800-915-2533 or email [billing@ceca.coop](mailto:billing@ceca.coop). ■



PO Box 729 \* 349 Industrial Blvd.  
Comanche, Texas 76442

[www.ceca.coop](http://www.ceca.coop)  
325-356-2533  
800-915-2533

# November Invoice

Loc	Map Location	Description	Rate	Meter#	Service Dates		Meter Readings		Mult	kWh	Amount
					From	To	Prev	Pres			
1	50469444002	Residence	1	221234	9/20/2020	10/20/2020	69566	70887	1	1321	BUDGET ACCT
		ENERGY CHARGE									134.23
		AVAILABILITY CHARGE									27.00
		PCRF ADJUSTMENT									13.21
		BUDGET AMOUNT DUE									230.00
		<u>PREVIOUS ACCOUNT BALANCE</u>									144.00
		OPERATION ROUND UP									0.56
<b>Budget Bill Amount Due SUBTOTAL \$ 230.00</b>											
<small>DRAFT SCHEDULED 11/16</small>											
1	50469444002	Residence	1	221234	9/20/2020	10/20/2020	69566	70887	1	1321	BUDGET ACCT
		ENERGY CHARGE									134.23
		AVAILABILITY CHARGE									27.00
		PCRF ADJUSTMENT									13.21
		BUDGET AMOUNT DUE									230.00
		<u>PREVIOUS CREDIT BALANCE</u>									-144.00
		OPERATION ROUND UP									0.56
<b>Budget Bill Amount Due SUBTOTAL \$ 230.00</b>											
<small>DRAFT SCHEDULED 11/16</small>											

*Underpayment Example*

*Current Monthly Bill*  
*Balance to Date*

*Overpayment Example*

*Current Monthly Bill*  
*Balance to Date*



PO Box 729 \* 349 Industrial Blvd.  
Comanche, Texas 76442

[www.ceca.coop](http://www.ceca.coop)  
325-356-2533  
800-915-2533

# December Invoice

Loc	Map Location	Description	Rate	Meter#	Service Dates		Meter Readings		Mult	kWh	Amount
					From	To	Prev	Pres			
1	50469444002	Residence	1	221234	10/20/2020	11/20/2020	70887	72786	1	1899	BUDGET ACCT
		ENERGY CHARGE									192.96
		AVAILABILITY CHARGE									27.00
		PCRF ADJUSTMENT									18.99
		BUDGET AMOUNT DUE									0.00
		<u>PREVIOUS ACCOUNT BALANCE</u>									69.00
		OPERATION ROUND UP									0.05
<b>True-Up Balance Due SUBTOTAL \$ 308.00</b>											
<small>DRAFT SCHEDULED 12/16</small>											
1	50469444002	Residence	1	221234	10/20/2020	11/20/2020	70887	72786	1	1899	BUDGET ACCT
		ENERGY CHARGE									192.96
		AVAILABILITY CHARGE									27.00
		PCRF ADJUSTMENT									18.99
		BUDGET AMOUNT DUE									0.00
		<u>PREVIOUS CREDIT BALANCE</u>									-199.00
		OPERATION ROUND UP									0.05
<b>True-Up Balance Due SUBTOTAL \$ 40.00</b>											
<small>DRAFT SCHEDULED 12/16</small>											

*Underpayment Example*

*Remaining Balance*

*Overpayment Example*

*Remaining Credit*



WMASTER880 | ISTOCK.COM

## Make Eating Healthier Meals Tasty

**ONE OF THE MOST** common New Year’s resolutions is to lose weight. And like most resolutions, success is challenging. This year, instead of focusing on what you can’t eat, try adding a few new habits to make your meals healthier.

**Add more vegetables** the easy and tasty way. Grab micro-waveable steam bags from the freezer section and garnish with your favorite herbs or a sprinkle of cheese to make them tastier.

**Don’t enjoy soft veggies?** Grab fresh vegetables like broccoli, cauliflower, carrots or sweet potatoes. Wash, cut into bite-size pieces; toss in a little olive oil, salt, garlic and herbs; then roast at 425 degrees for 20–25 minutes for crunchy-tender veggies.

**Sautéed veggies**, like peppers, onions and mushrooms, can add flavor to your eggs and provide nutrients to power your day.

**Add avocado** to your sandwich for a dose of healthy fats and good cholesterol.

**Still can’t stomach greens?** Consider hiding your veggies in foods like pasta sauce, meatballs and more. Search for “hidden vegetable recipes” online.

**Instead of refined flour pasta**, try whole-grain or legume-based pastas like chickpea, black bean or red lentil varieties. These are higher in fiber, which can help you feel fuller longer.

You can even mix them with traditional pasta.

**Add more protein and fiber** to your diet by trying quinoa instead of rice. Though the calorie counts are similar, quinoa has more protein and fiber than brown rice.

**When sautéing, replace butter** or coconut oil with olive oil to trade saturated fats for healthier fats.

**Beat the midafternoon sugar craving.** Keep apples, tangerines, berries or other favorite fruits on hand to satisfy your need for sweets. Eat your fruit with peanut or almond butter for extra protein and fat to keep you feeling full. If you’re craving chocolate, try Greek yogurt with some dark chocolate chips and nuts or berries. You’ll feel like you’re indulging while giving your body important nutrients such as probiotics, calcium, and an array of vitamins and minerals.

**Drink more water.** Increasing your water intake can help curb cravings, boost your energy and support every single system in your body, including your immune system. By drinking more water, you’ll likely think more clearly and digest food more easily, and your joints and muscles will feel better. Try adding fruit or mint leaves to your water or cut your favorite juices by mixing them with an equal amount of sparkling water. ■



EXTREME MEDIA | ISTOCK.COM

## Energy Efficiency All Year Long

**2022 BRINGS A** fresh start. If you can focus on mastering one energy-saving habit a month, your power bill will be better for it.

**January:** Turn off ceiling fans when you leave the room.

**February:** Instead of turning up the heat, put on an extra layer of clothing or get under a cozy blanket.

**March:** Turn off lights when you leave a room.

**April:** Plant a tree to shade your home in warm months.

**May:** Decorate your backyard or porch with solar lights and keep outdoor electric lights off.

**June:** Take short showers instead of baths.

**July:** Dry heavy linens outside on a clothesline instead of using the dryer.

**August:** Set a reminder to change the air conditioner filter every 60–90 days.

**September:** Turn off running water when you brush your teeth.

**October:** Unplug energy vampires, including gaming consoles and computers.

**November:** Wash clothes with cold water.

**December:** Decorate for the holidays with LED lights. ■



EZUMEIMAGES | ISTOCK.COM

### Kale and Meatball Soup

- 8 ounces ground beef (sirloin or round)**
- 4 ounces ground pork**
- ½ cup diced onion, divided use**
- 1 clove garlic, minced**
- ¼ teaspoon coarse sea salt**
- ¼ teaspoon freshly ground pepper**
- ¾ teaspoon of your favorite herb or spice mixture, divided use**
- 1 slice white bread (crust removed)**
- 3 tablespoons milk**
- 8 cups beef or chicken broth**
- 1 can (15 ounces) small white beans, drained**
- 1 large carrot, diced**
- 3 cups kale, or more to taste, washed and chopped**

1. Heat oven to 350 degrees. Combine beef, pork, ¼ cup onion, garlic, salt, pepper and ¼ teaspoon of the spice mixture.
2. Moisten the bread with the milk and then add to the meat mixture. Roll the mixture into small (about 1-inch) meatballs and place them in a single layer on a rimmed baking sheet.
3. Bake the meatballs about 20 minutes, until firm and lightly browned. Drain excess grease from meatballs and pan.
4. Combine the broth, remaining onion, white beans, diced carrot and remaining ½ teaspoon of spice mixture in a soup pot and cook over medium-high heat. Bring the mixture to a boil, then add meatballs and chopped kale. Reduce heat and simmer about 15 minutes.

**TCP** Find this and more delicious recipes online at [TexasCoopPower.com](https://www.texascooppower.com).



## Hey, foodies!

Chet here! Join me at the all-new [TexasCoopPower.com](https://www.texascooppower.com) to learn about tasty Texas eats and enter your recipe in our monthly \$500 contest.




# SACRED STONE OF THE SOUTHWEST IS ON THE BRINK OF EXTINCTION



Centuries ago, Persians, Tibetans and Mayans considered turquoise a gemstone of the heavens, believing the striking blue stones were sacred pieces of sky. Today, the rarest and most valuable turquoise is found in the American Southwest— but the future of the blue beauty is unclear.

On a recent trip to Tucson, we spoke with fourth generation turquoise traders who explained that less than five percent of turquoise mined worldwide can be set into jewelry and only about twenty mines in the Southwest supply gem-quality turquoise. Once a thriving industry, many Southwest mines have run dry and are now closed.

We found a limited supply of turquoise from Arizona and snatched it up for our *Sedona Turquoise Collection*. Inspired by the work of those ancient craftsmen and designed to showcase the exceptional blue stone, each stabilized vibrant cabochon features a unique,

one-of-a-kind matrix surrounded in Bali metalwork. You could drop over \$1,200 on a turquoise pendant, or you could secure 26 carats of genuine Arizona turquoise for **just \$99**.

**Your satisfaction is 100% guaranteed.** If you aren't completely happy with your purchase, send it back within 30 days for a complete refund of the item price.

The supply of Arizona turquoise is limited, don't miss your chance to own the Southwest's brilliant blue treasure. Call today!

## Jewelry Specifications:

• Arizona turquoise • Silver-finished settings

### Sedona Turquoise Collection

- |  |                   |                   |                   |
|--|-------------------|-------------------|-------------------|
| A. Pendant (26 cts)                          | <del>\$299*</del> | \$99 +s&p         | <b>Save \$200</b> |
| B. 18" Bali Naga woven sterling silver chain |                   | \$149             |                   |
| C. 1 1/2" Earrings (10 ctw)                  | <del>\$299*</del> | \$149 +s&p        | <b>Save \$150</b> |
| <b>Complete Set**</b>                        | <del>\$747*</del> | <b>\$299</b> +s&p | <b>Save \$448</b> |

\*\* Complete set includes pendant, chain and earrings.

Call now and mention the offer code to receive your collection.

## 1-800-333-2045

Offer Code STC589-05

You must use the offer code to get our special price.

\* Special price only for customers using the offer code versus the price on Stauer.com without your offer code.

**Stauer**® 14101 Southcross Drive W., Ste 155, Dept. STC589-05, Burnsville, Minnesota 55337 [www.stauer.com](http://www.stauer.com)

B.

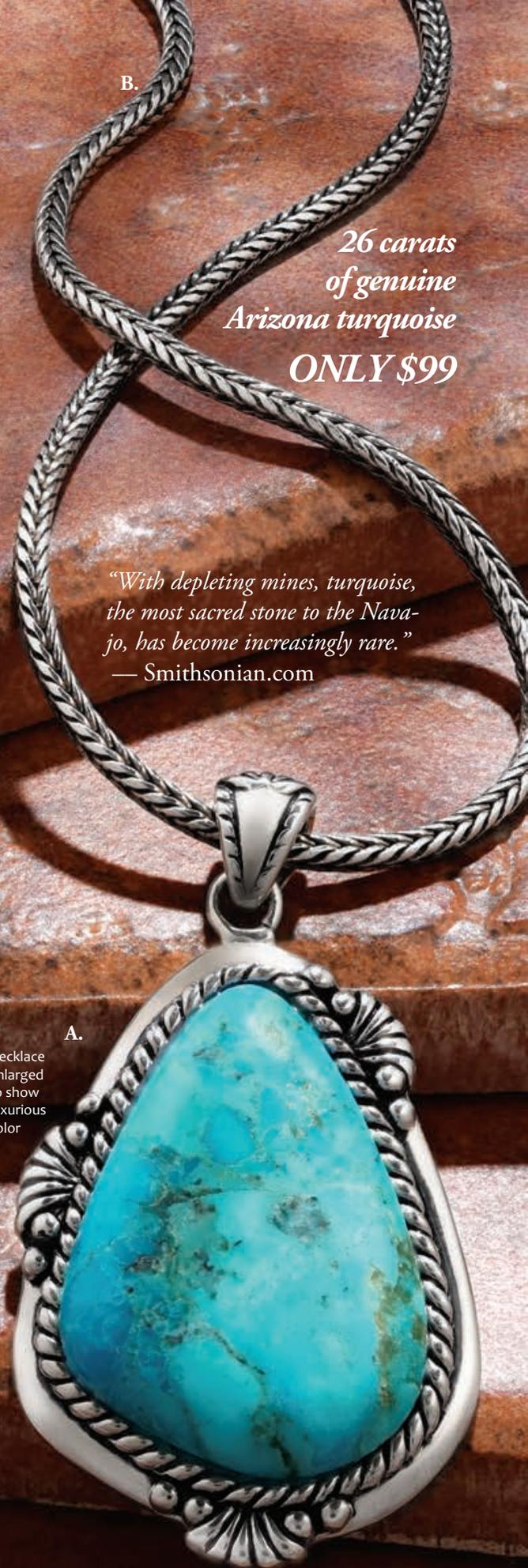
26 carats  
of genuine  
Arizona turquoise  
**ONLY \$99**

*"With depleting mines, turquoise, the most sacred stone to the Navajo, has become increasingly rare."*

— Smithsonian.com

A.

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- ◆ Low Mintage

Along with your **FREE** coin, you'll also receive a handpicked trial selection of fascinating coins from our No-Obligation Coins-On-Approval Service, from which you may purchase any or none of the coins – return balance within 15 days – with option to cancel at any time.

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**Dept. 6LN450**

**YES!** Please send me the following:

QTY	DESCRIPTION	TOTAL
1	2021 Kennedy Half Dollar	<b>FREE</b>
	Shipping	<b>FREE</b>
	Total \$	<b>FREE</b>

ORDERS MUST BE RECEIVED WITHIN 30 DAYS

Mail to:



Littleton Coin Company  
Dept. 6LN450  
1309 Mt. Eustis Road  
Littleton NH 03561-3737

Name \_\_\_\_\_  
Please print clearly

Address \_\_\_\_\_ Apt# \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_



Actual Size

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All C.D.'s are subject to availability. Securities offered thru Signal Securities, Inc., Member FINRA/SIPC  
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## Is your CD about to

**roll over  
and  
play dead**



### PROBLEM

CD rates + .60%  
Tax rate - .15%  
(at 25% bracket)

**Net Yield + 0.45%**

### SOLUTION

**3.00%** for 5 years  
**2.35%** for 3 years

Talk with Layton Financial about a potentially better choice than CDs for part of your retirement savings.

**Greg Layton | 281-335-8300  
Glayton2010@gmail.com**

**TCP Marketplace**  
Across Town | Across Texas

Advertise in Texas Co-op Power Marketplace  
Elaine Sproull (512) 486-6251  
advertising@TexasCoopPower.com

# Bad to the Bone

Full tang stainless steel blade with natural bone handle —now **ONLY \$79!**

The very best hunting knives possess a perfect balance of form and function. They're carefully constructed from fine materials, but also have that little something extra to connect the owner with nature.

If you're on the hunt for a knife that combines impeccable craftsmanship with a sense of wonder, the **\$79 Huntsman Blade** is the trophy you're looking for.

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# Joined by a Fence

How rural America turned barbed wire into telephone lines

BY W.F. STRONG

**HISTORIAN J. EVETTS HALEY** noted that the XIT Ranch was probably the largest fenced range in the world, and its barbed wire enclosed more than 3 million acres. The huge enclosure helped manage enormous cattle herds and deterred rustlers but also gave rise to the creative use of a new technology: the telephone.

Consider these reports from other parts of the West. In 1897, *The Electrical Review* reported that “on a ranch in California, telephone communication had been established between the various camps ... by means of barbed wire fences.” Also in 1897, the *New England Journal of Agriculture* observed that two Kansas farmers, a mile apart, had attached phone instruments to a barbed wire fence that connected their farms and established easy communication.

*The Butte Inter Mountain* included this notice in 1902: “Fort Benton’s latest development is a barbed wire telephone communication.” The article points out that people of that part of Montana were not happy with barbed wire, but they had decided to look at its practical side and created a telephone exchange that would connect all the ranches to Fort Benton.

On the XIT, given that the ranch covered more than 4,500 square miles, there was interest in creating a communication system that would be more efficient than sending out fast riders to distant camps. “In the early 1900s,” Haley wrote in his 1929 history of the XIT, “a great many telephones were placed upon the ranch. Where possible, the top line of the fences was used as a telephone line, though the ‘service’ was atrocious. It did allow for

**TCP WEB EXTRA**

Listen to W.F. Strong read this story.



quick communication concerning emergencies such as grassfires that required all cowboys immediately.” There was even talk among technology geeks of the era that cowboys could carry phones wherever they went and clip on to the fence to report problems.

The rudimentary use of barbed wire on the ranches led to more creative thinking about rural phone systems. Historian Don Anderson, who earned a doctorate in electrical engineering from Stanford University, told me that barbed wire phone systems led to the conclusion that “using whatever is already in place is smart planning.”

So when rural Texas wanted to extend phone service from town to town, engineers decided they could use the existing rural power lines, already installed by electric cooperatives through the Rural Electrification Administration, and run the phone signal through the electric lines at a different frequency. That saved a lot of money and brought phone service along with electricity to rural areas.

Still, many ranches liked their barbed wire systems and kept them, even though the voice quality wasn’t very good. As late as the early 1970s, a dairy farmer I knew had a barbed wire phone running a half-mile from his house to the barn. He said it was good for talking to his wife about what time to come in for supper. But most of all, he said, “It’s free. I don’t have to pay Ma Bell nothing for that phone, and I enjoy thinking that it’s a burr in their saddle.”

It is fascinating, Anderson said, to consider that what started as a fence system on the XIT evolved into what is XIT Communications, a co-op that provides phone service and high-speed internet to rural communities—some in the footprint of the original ranch. ■

# Soups and Stews

Stir up satisfying comfort food with a variety of ingredients

BY MEGAN MYERS, FOOD EDITOR

Soups have always been a go-to dish in my house. Virtually anything can be turned into a soup, so even when I haven't been to the grocery store in a while, I know I can still throw something together. This Beef Bulgur Soup is an economical option, thanks to the tenderized round steak. Bulgur is a parcooked wheat grain that can be found alongside rice, quinoa and other grains. If you prefer, substitute a small pasta such as orzo or ditalini.



## Beef Bulgur Soup

**1 tablespoon butter**  
**16 ounces tenderized round steak,**  
**cut into ½-inch chunks**  
**½ cup diced onion**  
**2 tablespoons flour**  
**1 teaspoon salt**  
**½ teaspoon pepper**  
**½ teaspoon paprika**  
**¼ teaspoon garlic powder**  
**4 cups beef broth**  
**2 sprigs fresh rosemary**  
**1 cup diced carrots**  
**1 cup diced celery**  
**¾ cup bulgur**

**1.** In a stockpot or Dutch oven, melt butter over medium heat. Add beef, stirring to brown on all sides. Add onion and cook until soft.

**2.** Mix together flour, salt, pepper, paprika and garlic powder, then sprinkle over beef and onion. Stir well to coat. Stir in beef broth, scraping any stuck bits in the pot as needed, then add rosemary. Bring to a boil, then reduce heat to low, cover and let simmer 25–30 minutes, until beef is tender.

**3.** Add carrots, celery and bulgur and continue to simmer, uncovered, 15–20 minutes, until vegetables are softened and grains have fully absorbed liquid. Taste and adjust salt and pepper as needed, and remove rosemary sprigs before serving.

**SERVES 4–6**

**TCP WEB EXTRA** Follow along with Megan Myers and her adventures in the kitchen at [stetted.com](http://stetted.com), where she features a recipe for Black Bean Soup.



## Chicken and Ginger Soup

JENNIFER BRANNEN  
BLUEBONNET EC

This Asian-inspired soup is heavy on ginger, livening up the senses whether you enjoy it for dinner or as breakfast leftovers, as Brannen recommends. Keep in mind that fish sauce is very salty, so add according to your taste.

- 12 ounces boneless, skinless chicken breasts, cubed**
- 3 ribs celery, chopped**
- 1½ ounces peeled ginger root, minced (about ⅓ cup)**
- ½ cup finely chopped cilantro**
- 7–8 cups low-sodium chicken broth, divided use**
- 3–4 tablespoons fish sauce**
- 2 cups cooked long-grain white rice**
- Green onions, thinly sliced**
- 1 serrano pepper, thinly sliced**
- Fried garlic chips**

**COOK'S TIP** Make fried garlic chips by frying ¼ cup of thinly sliced garlic cloves in ½ cup of canola oil until golden. Strain the garlic through a sieve but keep the garlic-infused oil for other uses.

1. In a large stockpot or Dutch oven set over medium-high heat, combine chicken, celery, ginger, cilantro, 6 cups broth and fish sauce and bring to a boil. Reduce heat to low and simmer 30–45 minutes.
2. Stir in cooked rice and continue to simmer until the rice has absorbed the broth. Add the remaining broth if needed. Serve with green onions, serrano pepper and garlic chips on the side.

SERVES 4–6

[MORE RECIPES >](#)

\$500 WINNER

## Chicken and Dumplings Soup

AMANDA DECESARO  
TRINITY VALLEY EC



Perfect for chilly nights, chicken and dumplings are the ultimate comfort food. Mix the dumpling batter just before adding to the soup to retain the best texture.

SERVES 6



SOUP

- 1½–2 pounds boneless, skinless chicken thighs**
- 3 tablespoons butter**
- 1 yellow onion, diced**
- 1 teaspoon pepper**
- 1½ teaspoons salt**
- 1 teaspoon celery salt**
- 4 cups unsalted chicken stock**
- 1 cup water**
- 2 bay leaves**
- 3 cups baby carrots or chopped carrots**

DUMPLINGS

- 1½ cups flour**
- 1 tablespoon minced fresh parsley**
- 2 teaspoons baking powder**
- ½ teaspoon salt**
- ⅓ teaspoon ground nutmeg**
- ⅔ cup milk**
- 1 egg, slightly beaten**
- ⅓ cup (¼ stick) butter, melted and cooled**

**1. SOUP** In a large stockpot or Dutch oven set over medium-high heat, brown chicken with butter. Once browned, cut into small strips, then return to pot and add onion. Sprinkle in pepper, salt and celery salt. Sauté until onions are slightly cooked but not soft.

**2.** Add chicken stock, water and bay leaves. Bring to a boil, reduce heat to low and cover. Let simmer 10 minutes. Add carrots and simmer, covered, for an additional 15 minutes.

**3. DUMPLINGS** Mix together the dry ingredients. Add milk, egg and butter and stir until just blended.

**4.** When ready to add dumplings, remove bay leaves from soup, taste, and adjust salt and pepper as needed. Drop spoonfuls of dumpling batter into pot, spacing as much as possible. Cover and simmer 15 minutes, until dumplings are no longer doughy. Serve soup with a few dumplings in each bowl.

## TCP \$500 Recipe Contest

WEEKNIGHT DINNERS DUE JANUARY 10

We're looking for go-to recipes for busy weeknights. Submit yours at [TexasCoopPower.com/contests](https://TexasCoopPower.com/) by January 10 for a chance to win \$500.





## Potato Leek Soup With Dill

REXANNE MEAUX  
PEDERNALES EC

Potato soup always hits the spot, and dill adds bright flavor to Meaux's version. To wash the leeks completely, slice and add them to a bowl of cold water, swirling to dislodge any dirt between the layers.

- 1 tablespoon butter**
- 3 large leeks, thinly sliced and washed (white and light green parts only)**

- 2 large russet potatoes, peeled and cubed**
- ¾ cup white wine, divided use**
- 4 cups chicken broth**
- 1 cup heavy cream**
- 2 tablespoons chopped fresh dill, plus more to taste**
- ¾ teaspoon salt**
- ½ teaspoon pepper**
- Fresh dill sprigs, for garnish**

- In a stockpot or Dutch oven, melt butter over medium heat. Add leeks and sauté 10 minutes or until tender. Add the potatoes, ½ cup wine and broth. Bring to a boil, reduce heat to low and simmer, uncovered, 1 hour and 15 minutes or until the potatoes are very tender.
- Transfer soup in batches to a blender and blend until smooth. Return the soup to the pot and add remaining ¼ cup wine, heavy cream, dill, salt and pepper. Heat through and serve, garnishing bowls with fresh dill.

SERVES 4-6

## Soup Improv

BY MEGAN MYERS

**Looking for ways to riff on your soup recipe? Try one (or a few) of these ideas:**

**Add a cheese rind.** Parmesan rinds add umami, which enhances the other flavors in your soup.

**Finish with lemon** to brighten the flavor. This works especially well in chicken soups.

**Serve with a dollop** of sour cream or yogurt for tang.

**Chopped fresh herbs** are a great finish to any soup.

**Thicken soups** without cream by puréeing beans or vegetables from the soup and adding them back in.

**Brown the meat** for full flavor, and deglaze the pan with a small amount of white or red wine, depending on the recipe. The alcohol will cook off, leaving only the flavor behind.

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COURTESY CHET GARNER

## Faux Chic, for Sure

Like a desert mirage, Prada Marfa perplexes

BY CHET GARNER

I'M NOT A SHOPPER and never have been. So I was having an internal struggle when I found myself driving more than seven hours from my Central Texas home to visit a high-end designer retail store in the desert.

Why was I dedicating so much time to this quest when I don't even know Versace from Vuitton? Those are different, right?

But once I arrived at the remote outpost known as Prada Marfa, the answer became clear.

I reached Marfa in record time but was disappointed to learn that my destination was still 36 miles west. I cruised U.S. 90 parallel to a set of train tracks for what seemed like hours, past the crumbling set of the movie *Giant* and through the tiny town of Valentine. I was about to turn around thinking I had missed my destination when I spied a boxy building up the road on my left. I pulled over and stepped into the Texas heat.

This was Prada Marfa, a stark white building that looks like an honest-to-goodness boutique storefront beside an empty highway. It's as if anyone could walk in, slap down some cash and leave with the fanciest footwear in West Texas. However, at this Prada store there is no staff. They don't accept credit cards. In fact, the front door doesn't even open. Because even though it looks authentic, Prada Marfa is a permanent work of art constructed in 2005 by the Swedish duo Elmgreen & Dragset as a comment on consumerism.

I peered through the window at displays of thousand-dollar purses and a wall of elegantly lit high-heeled shoes. I chuckled, wondering if anyone ever trekked out here expecting to buy designer items and left disappointed. I was happy to only window-shop, but even that cost me 14 hours on the road. ■

ABOVE Chet visits the art installation called Prada Marfa, along U.S. 90, about halfway between Marfa and Van Horn.

**TCP WEB EXTRA** Watch Chet's dispatch from Marfa at [TexasCoopPower.com/travel](https://TexasCoopPower.com/travel). And to see the front doors Chet does make it through, watch his *Texplorations* on *The Daytripper* on PBS.



## Know Before You Go

Call ahead or check an event's website for scheduling details.

## JANUARY 08

**Frisco NCAA Division I FCS Football Championship**, (972) 292-5250, [visitfrisco.com](https://visitfrisco.com)

**Kerrville Symphony of the Hills: Outlaws and Heroes**, (830) 792-7469, [symphonyofthehills.org](https://symphonyofthehills.org)

**Monahans Sandhills Resolution Run**, (432) 943-2187, [monahans.org](https://monahans.org)

**San Marcos Purgatory Trail Run**, (877) 806-3987, [athleteguild.com](https://athleteguild.com)

**Temple Family Day—Cabin Fever: Stargazing**, (254) 298-5690, [templeparks.com](https://templeparks.com)

**Boerne [8–9] Market Days**, (210) 844-8193, [boernemarketdays.com](https://boernemarketdays.com)

**Dallas [8, 15, 22] The Dinner Detective Murder Mystery Dinner Show**, 1-866-496-0535, [thedinnerdetective.com](https://thedinnerdetective.com)

## 15

**Fredericksburg Luckenbach Blues Festival**, (830) 997-3224, [luckenbachtexas.com](https://luckenbachtexas.com)

**Granbury 7 Bridges: The Ultimate Eagles Experience**, (817) 573-5548, [thenewgranburylive.com](https://thenewgranburylive.com)

**Lake Jackson Bird Banding**, (979) 480-0999, [gcbo.org](https://gcbo.org)

**McKinney Night Hike**, (972) 562-5566, [heardmuseum.org](https://heardmuseum.org)

**Mesquite Martin Luther King Jr. Celebration,**  
(972) 204-4925,  
visitmesquitetx.com

**Fredericksburg [15-16]  
Hill Country Gem & Mineral  
Show,** (325) 248-1067,  
fredericksburgrockhounds.org

16

**Fredericksburg Agarita  
Chamber Players,**  
(830) 997-6523,  
fredericksburgmusicclub.com

17

**Elgin Martin Luther King Jr.  
Walk,** (512) 281-5724,  
elgintx.com

**Houston MLK Grande  
Parade,** (713) 560-8328,  
mlkgrandeparade.org

20

**Corpus Christi Third  
Thursdays,** (361) 825-3500,  
artmuseumofsouthtexas.org

22

**Fredericksburg Hill Country  
Indian Artifact Show,**  
(830) 329-2636,  
hillcountryindianartifacts.com

**Irving Fela in Concert:  
A Tribute to Whitney  
Houston,** (972) 831-8818,  
irvingsymphony.org

**Orange CeCe Winans,**  
(409) 886-5535, lutchter.org

**Surfside Beach Food and  
Art Festival,** (979) 233-1531,  
surfsidetx.org

**Victoria Victoria  
Symphony: José Feliciano,**  
(361) 576-4500,  
victoriasymphony.com

MORE EVENTS >

### TCP Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your March event by January 10, and it just might be featured in this calendar.

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## Pick of the Month

### Chili Quest & Beer Fest

Galveston, January 14–15  
(409) 770-0999  
yagaschiliquest.com

Sample chili from the cook-off plus beer and spirits on the Strand. Burn off those carbs in the 5K fun run.

## JANUARY EVENTS CONTINUED

22

**Belton [22–23] Sami Show Marketplace,**  
(512) 441-7133,  
samishow.com

23

**Lufkin Popovich Comedy Pet Theater,**  
(936) 633-5454,  
angelinaarts.org

27

**Corsicana Asia,**  
(903) 874-7792,  
corsicanapalace.com

29

**Bay City Wild Game and Wine Camofest,**  
(979) 245-8081,  
facebook.com/  
baycitycamofest

**Grand Prairie Tom Segura,**  
(972) 854-5076,  
texastrustcutheatre.com

**Lufkin Brit Beat,**  
(936) 633-5454,  
angelinaarts.org/  
pines-series

**Port Aransas Home Tour,** (254) 289-4510,  
portaransasgardenclub.org

**Tyler Charles Yang, Violin Rock Star,** (903) 566-7424,  
cowancenter.org

## FEBRUARY

03

**Tyler Beautiful: The Carole King Musical,**  
(903) 566-7424,  
cowancenter.org

**San Angelo [3–20] Livestock Show,**  
(325) 653-7785,  
sanangelorodeo.com

05

**Abilene Abilene Philharmonic: The Wonderfully Wicked Music of Oz,**  
(325) 677-6710,  
abilenephilharmonic.org

**Bellville Market Day,**  
(979) 865-3407,  
discoverbellville.com

**El Paso Shen Yun,**  
1-877-663-7469,  
shenyun.com/el-paso

**Huntsville Sam Houston Square and Round Dance Association Presidents Ball,** (936) 494-8402,  
shsrda.weebly.com/  
events.html

**McKinney McKinney Philharmonic Orchestra: Music in Motion,**  
(469) 633-9104,  
mckinneyphilharmonic.org

**Sweetwater Lift Every Voice Art Show and Concert,** (325) 235-5488,  
sweetwaterauditorium.org

# Fired Up!

Whether getting the grill ready for a barbecue or watching the big game, Texans love to get fired up. So put another log on the fire and gather 'round because these offerings are smokin'.

BY GRACE FULTZ

1 TONYA CARLIN  
CECA

"Being a mother of a firefighter, this photo represents the brotherhood shared between these individuals."



1

2 PATTY DISHMAN  
PEDERNALES EC

"The hot air balloon festival in Horseshoe Bay always fires me up for great photo opportunities."



2

3 BROOKE WILLIAMS  
TRINITY VALLEY EC

Homecoming parade in Forney.



3

4 CADEN WILSON  
UNITED COOPERATIVE  
SERVICES

Cowtown rodeo.



4

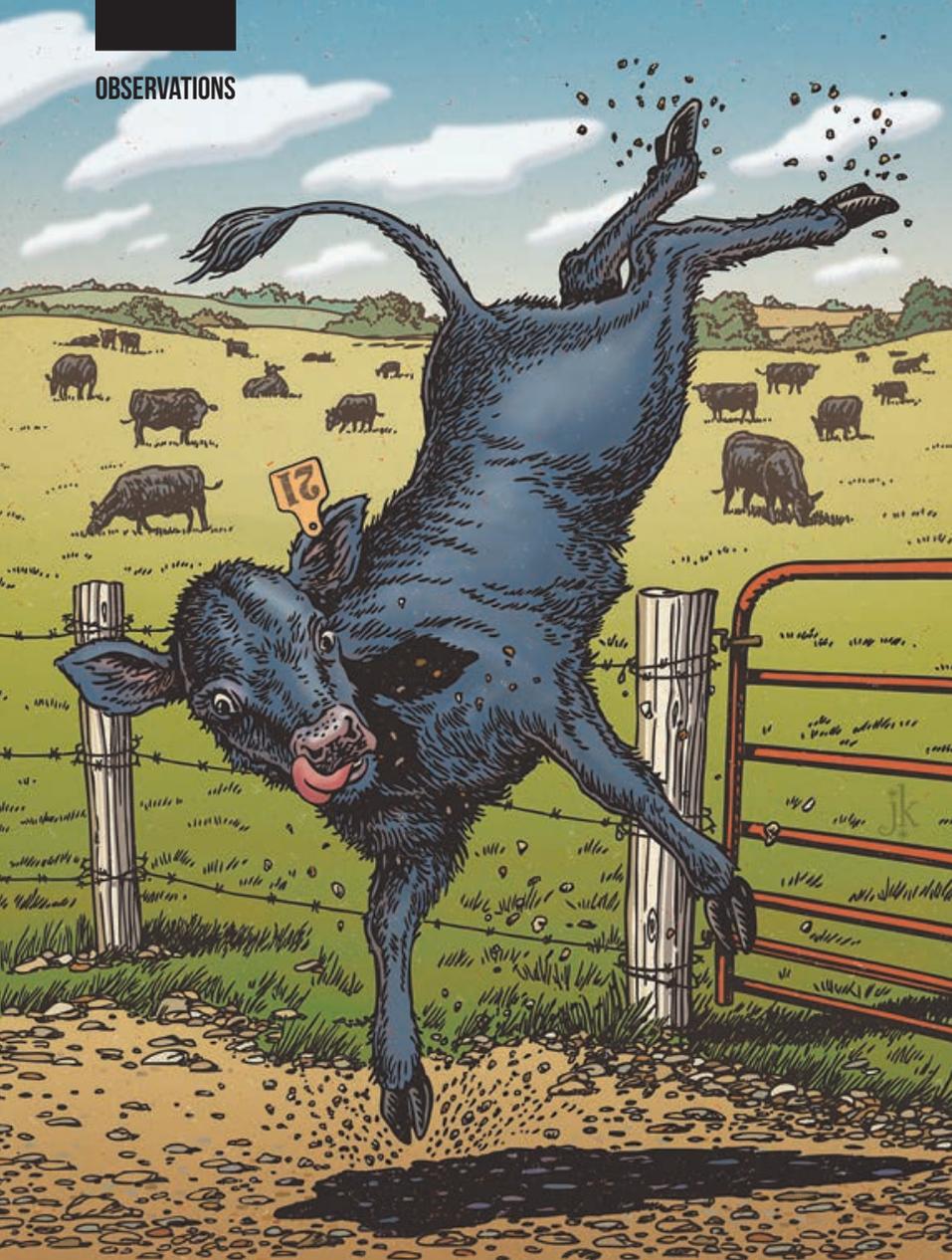
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## Buck's Pluck

What we learned from a spunky calf

BY MARTHA DEERINGER  
ILLUSTRATION BY JOHN KACHIK

**LIFE LESSONS** can crop up in the oddest places. Such was the case when an undersized black calf with an oversized personality was born on our farm a few years ago. A green hillside dotted with black cows and new calves is a tranquil scene. It's almost impossible to tell one calf from another without getting close enough to read the numbers on their ear tags.

Except for Buck Rogers.

Within hours of birth, Buck Rogers, a Black Angus bull calf, hopped in circles around his mother with that peculiar tippy-toed new-calf gait, flipping his stubby tail and kicking at the sky with his hind legs. While most newborn calves wobble for a day or two, Buck Rogers bucked and kicked across the pasture with total disregard for his mother's whereabouts. An inexperienced first-

calf heifer, Mama lumbered behind, bawling out warnings about the dire consequences of not minding your mother.

We almost never name cattle. If you grow attached to them, you might find yourself a vegetarian with a bank account drenched in red ink. Buck Rogers was the exception. It was easy to spot him: He was the small black blur galloping through the peaceful scene.

Most folks who own animals will testify that the critters have distinct personalities. Samuel D. Gosling, a University of Texas psychologist, agrees. "Animals have personalities, emotions and thoughts, just as humans do," says Gosling, who has published several articles on the subject.

Across the garden fence one afternoon, we heard a tremendous clatter, something like an explosion in an aluminum pan factory. Buck Rogers, awakening from a nap under a cotton wagon, had launched into one of his outrageous bucking episodes, his head and back hitting the wagon's underside with all the force his 70-pound frame could muster. He finally bucked his way out and dashed off, leaving me wiping tears of laughter from my face. Crystal clear was the notion that the little fella lived with *joy!*

Like his namesake, a fictional space opera character from the 1930s, the bovine Buck Rogers awoke each morning bent on new adventures. Chasing guineas set off a raucous squawking chorus that seemed to amuse him. Although he never reached outer space as his cartoon namesake did, he sometimes attempted flight by leaping into the air from the top of a large mound of manure scooped from cow and horse pens.

Eventually he grew up and moved on to pastures elsewhere, but he brightened our days and made us think about the importance of living with energy and enthusiasm. ■

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